FROM THE PRINCIPAL’S DESK

Camden Haven High School has much to be proud of — championship sporting teams, award-winning students, an experienced teaching staff, a diverse curriculum, and a dedication to excellence that permeates all aspects of our school. Your children — our students — have this term excelled in academics, in music and the creative arts, in sports and debating — but also in service to the community, in care and compassion for each other and the world around them, and in their acceptance of all. We have the highest of expectations and encourage all to continue upholding our three core values of respect, responsibility and doing your best.

By maintaining these standards all our students will be ready to meet the challenges of today’s — and tomorrow’s — world. This term students will continue to be challenged to do their best, to seek out new opportunities, to explore their passions, to volunteer their time and talents to help others, and to develop lasting and positive relationships with all members of our school community.

Ms Sharon Westman

Principal (relieving)

Upcoming events

27/8        Social (Years 7 - 12)
30/8        Scripture Seminar
30/8        Year 7 Sports Day
3/9         Captains’ Speeches
6/9         Year 8 ESP Excursion
9/9 - 17/9  Year 11 Exams
10/9        Immunisation
18/9        School Cup Awards
18/9        Year 12 Breakfast and Skirmish
19/9        Year 12 Graduation Assembly
STATE DANCE FESTIVAL

The CHHS Dance Company will be travelling to Sydney on 3 September to perform at this year’s State Dance Festival ‘In the Moment’ on 4 September.

AG DEPT VISITS AGED CARE

On Wednesday 31 July, nine students accompanied by Mr Shilling from the school’s Agriculture Department visited the Frank Whiddon Homes in Laurieton.

LUMINOSITY

Year 10 students Livinia Deutscher, Kirsty Kneipp and Danielle Davis returned from the Luminosity Youth Summit very enthusiastic ...

CHAMPION BRIDGE BUILDERS

The ‘bridge building season’ at Camden Haven High has concluded with outstanding results. Brothers Ethan and Beau Cunningham ....

90's THEMED SOCAL

We have been busy organising the next social which is being held on Tuesday 27 August ...

ENTERPRISING TOYS

Fabric Toys are the latest creation for those enterprising students in Year 8.

THE LAST ACT

‘The Last Act’, a showcase of HSC Drama performances was held last Tuesday in the Performance Space to a packed audience and an excited Year 12 Drama class.

ENGLISH NEWS

HSC Candidates 2013, The Bard in a Box, Year 7 students’ poems - lots of happenings in the English Department this term ...

Contents
HSC 2013 INDUSTRIAL TECHNOLOGY PROJECTS
A display of the Timber projects for this year’s HSC students.

STUDY SKILLS TIP - DEVELOPING POSITIVE SLEEP PATTERNS
Unfortunately there are ill effects from sleep deprivation. Parents and students need to work together to find ways to increase the student’s nightly quota of sleep.

NAIDOC CELEBRATION
NAIDOC Week activities are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples.

DISTANCE EDUCATION NEWS

CAREERS NEWS

SPORTS NEWS

COMMUNITY NEWS
STATE DANCE FESTIVAL

The CHHS Dance Company will be travelling to Sydney on 3 September to perform at this year’s State Dance Festival ‘In the Moment’ on 4 September. The State Dance Festival is a showcase of the best of NSW DEC regional dance festivals. ‘Trapped’ was the only high school item selected from the Southern Network Dance Festival to appear in the program for ‘In the Moment’. During the excursion, our talented dancers will not only perform alongside performing arts high schools, they will participate in dance classes and other cultural experiences in Sydney.

CHHS Dance company member Kaitlyn Wilkes is also a member of the NSW State Dance Ensemble and she will be performing a work choreographed by Anoushka Goodger in this Festival. Kaitlyn successfully auditioned for this ensemble which is made up of talented students from regional NSW. She is required to attend regular rehearsals in Sydney and will also be performing in the Schools Spectacular at the Sydney Entertainment Centre in November. We are all extremely proud of Kaitlyn’s achievements and wish her well for all of her upcoming performances.

Tickets for ‘In the Moment’ are available from the Seymour Centre.

Congratulations
Tainga Savage (Year 11) on his selection in the NSW Indigenous Dance Group
Well done and good luck!
On Wednesday 31 July a group of nine students accompanied by Mr Shilling from the school’s Agriculture Department were invited to the Frank Whiddon Homes in Laurieton. Our school was asked to display a selection of their animals from the Ag plot. We took with us a couple of the baby lambs you may have seen whilst driving past, baby guinea pigs, baby chickens. We were also joined by Alfie the wonder dog and our well trained bird. The rain cleared up just in time for the day to begin and thankfully held off until after it was over. The theme of the day was ‘The Circus’, so we all dressed up as clowns to embrace the spirit of the day. The students thoroughly enjoyed the interaction with the residents, joining them for morning tea and are looking forward to visiting with them again soon.
The ‘bridge building season’ at Camden Haven High has concluded with outstanding results. The 2013 Alan Taylor and Associates school champions, Ethan and Beau Cunningham, pocketed their $150 prize and headed to Sydney to compete at the State Championships. Their school bridge was the best yet tested in the 4 years of the competition, holding 48kg and including excellent workmanship. Their second bridge was improved by utilising all the available materials. The same high level of workmanship and design aptitude has made them the best bridge champions yet to represent our school. And so it proved in Sydney. Their bridge held 58kg, earning them 4th place in the state – just missing out on hundreds of dollars of prizes. Our previous best had been 19th. This year’s season has been the most successful so far, with 13 teams competing in the school competition.
LUMINOSITY

Year 10 students Livinia Deutscher, Kirsty Kneipp and Danielle Davis returned from the Luminosity Youth Summit very enthusiastic and have been busy putting together a report for the school - you will find this below. They gained a lot of key points of leadership and making the most of opportunities. They have already pencilled in their diaries next year’s date so it must have been good!

Luminosity was an amazing experience and we would suggest to everyone for the future to attend. Three days was all we had, and three days was all we needed. Our days were packed with workshops, amazing lectures, challenges and a life time of rewarding tips and goals for our future. It gave us ideas for where you would like to be in the future. Luminosity is a great event that will bring out the best in you. We ended up with a mind full of knowledge and with this knowledge we will continue to grow into the people we want to be in the future. We would like to thank the SRC for the scholarship and the organisation of the three day Luminosity workshop especially the amazing presenters and participants. We will never forget them and in the words of Luminosity presenters, we plan on living the dream! (By Imogen Deutscher, Kirsty Kneipp and Danielle Davis Year 10)

Thank you Kirsty, Imogen and Danielle.

90’S THEMED SOCIAL

We have been busy organising the next social which is being held on Tuesday 27 August from 6 pm - 9pm. The theme is the 90’s. There will be a BBQ run by Year 12 starting from 5.30pm so if you want to grab something to eat before you hit the dance floor you can. This is Year 12’s last social so it always has a great vibe to it. There will be a small canteen as usual and a place to put your bags and keep them safe. Also, thanks to some talented Year 8 students, there will be some fabric toys for sale which can be used as a signature bear for Year 12 to gather some special sentiments from fellow students.

-THIS IS A DRUG & ALCOHOL FREE EVENT-

YEAR 7 - 12 SOCIAL ...

THE 90's!

Date- Tuesday, 27th of August
Time- 6-9pm
Tickets are $5
---There will be a BBQ on at 5:30pm---
Come and make year 12’s last social a GREAT ONE!
ENTERPRISING TOYS

Fabric Toys are the latest creation for those enterprising students in Year 8. Annaliese Allsop, Tahlia Coulton, Molly Fraser and Kate Tweddle have produced a fabric toy product aimed at a children’s market. The girls have been involved in the design process for two terms, initially identifying what they would like to do, how they would do it, who/what the market for their product would be and finally, how they are going to work together. The end result is a great product.

The students have chosen to donate many of the toys to the Paediatric Ward at Port Macquarie Base Hospital. The Mid North Coast Local Health District expressed their delight with both the donation of the toys and the initiative of the program with the formal presentation occurring early September.

All Year 8 students are involved in an Enterprise Skills Program (ESP), providing students with opportunities so that they can acquire and apply skills for life. Part of this program involves groups of students carrying out a project they have identified as an interest to them. There are approximately eight different groups within the ESP and Camden Haven High School is proud of all achievements being made.

Pictured from left to right: Tahlia Coulton, Molly Fraser and Kate Tweddle (absent Annaliese Allsop)
'The Last Act', a showcase of HSC Drama performances was held on Tuesday 20 August in the Performance Space to a packed audience and a very excited Year 12 Drama class. Twelve items including all three group performances ranged from dark humour through to serious, dramatic moving pieces.

Bethany Bruggemann recounted the last moments of a woman in an office on Sept 9/11 in New York, Sam Mulheron professed her undying love and very convincing stalking behaviour towards her ‘future’ husband, ‘Fletcher Burtenshaw’. Brigitte Beyer played with red pasta meat and made gruesome plans to get ahead with the object of her affection, Sweeney Todd. Sally Jackson tried to fly as a ‘grown up Wendy’ reflecting on her time with Peter Pan complete with sword fighting and kissing the floor. Rebecca Palmer was an assassin trying to protect her brother, Hannah Fairhurst went totally crazy in her piece about ‘Unrequited Love’ and Jesse Donaldson-Jarrett spoke of his Scottish heritage and his bond with Scotland.

The Group Performances were hilarious with much laughing from the audiences as groups went on impossible missions like breaking out of prison, saving wild animals and trying to get an impossible airline company off the ground. These groups are a mandatory component of the HSC Drama exams. They have to include between three and six students and work on devising a theatrical piece based on a title given by the Board of Studies. These students have been working on their groups for two terms and have to achieve high standards of vocal, physical and play-building skills to be successful in their exams.

Next week the examiners will come for two days to judge their hard work, passion and enthusiasm. If they recreate the performances they put on Tuesday night they will be well deserving of a huge party and lots of chocolate from their teacher, Miss Rowe. We wish them all the best for the 2013 Drama Practical examinations.

Ms S Rowe
DRAMA TEACHER
**ENGLISH NEWS**

**HSC Candidates 2013**

Although Year 12 have now finished all their assessment tasks for English including the Trial HSC Examinations, there is still much to do in their preparations for the real thing in October. Some students are completing course work whilst others have commenced revision. Year 12 teachers have been impressing upon their students, the necessity for the cohort to work together to address gaps in their learning, which will ultimately benefit them all. All students completing Advanced, Standard and Extension 1 courses should be consolidating their understanding of content, as well as practising their essay writing skills. Specifically, students should be attending classes, writing a variety of thesis statements and submitting their practice essays to their teacher for feedback. Students cannot rest on their laurels, as the hard work is about to begin. We wish them well in their studies leading into the HSC Examinations.

**The Bard in a Box**

As a summative activity to their studies on Shakespeare’s *A Midsummer Night’s Dream*, Ms Crossingham’s Year 8 class have been creating dioramas of their favourite scene from the play. Students constructed their dioramas during class using a variety of ‘upcycled’ items from around the school along with a hot glue gun and lashings of glitter. The students’ creative work is being showcased in the library this week.

**Student work - Year 7 Poets**

Year 7 students have been channelling their creative energy into completing their Poetry Assessment. Students have been busy working on their anthology at home and in class to demonstrate their understanding and ability to use poetic techniques in their compositions. Some outstanding examples of students’ poems are below.

<table>
<thead>
<tr>
<th>Behind those blue eyes...</th>
<th>Winter</th>
<th>The Wind</th>
</tr>
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<tbody>
<tr>
<td><strong>Behind those blue eyes</strong>&lt;br&gt;I see what’s on the inside&lt;br&gt;What’s being thought&lt;br&gt;Sad and distraught&lt;br&gt;The way you whimper&lt;br&gt;Cry and whine&lt;br&gt;Every night&lt;br&gt;Every time&lt;br&gt;And when the slumber overpowers&lt;br&gt;After an odd many hours&lt;br&gt;You dream nightmares&lt;br&gt;Horrible and foul&lt;br&gt;Then wake to the light.</td>
<td><strong>Cold and dark-hearted</strong>&lt;br&gt;Seeps into the world&lt;br&gt;She curses the space&lt;br&gt;In which we breathe&lt;br&gt;Sends chills down your spine&lt;br&gt;With her words of hate.&lt;br&gt;Spirits are down&lt;br&gt;The world turns grey&lt;br&gt;Then&lt;br&gt;The sun comes out&lt;br&gt;To shine glorious and bright&lt;br&gt;Winter is locked away&lt;br&gt;All alone&lt;br&gt;All alone&lt;br&gt;So the warm can once again&lt;br&gt;Thrive.</td>
<td><strong>The wind is impatient</strong>&lt;br&gt;It waits at the door&lt;br&gt;Knocking to let it in&lt;br&gt;Trying to creep under the mat.&lt;br&gt;The wind is naughty&lt;br&gt;It always messes up your hair&lt;br&gt;Wind plays like a child&lt;br&gt;Just asking for trouble.</td>
</tr>
</tbody>
</table>

*Amber Nicholas*<br>*Paige Wilkie*<br>*Jade L*
Uniform Shop News

I can’t believe we are half way through Term 3, and we are on the down hill run to summer! We have had great sales of the winter uniform, and still have plenty of CHHS hoodies and trackpants in stock.

I have just received new stock of size 8,10 and 12 Junior Polos, and also the same sizes in Sports Shorts. Payments can be made by cash or eftpos. I look forward to seeing you soon in the uniform shop!

Carla McInnes

Uniform Shop coordinator

Softly the snow...

Softly the snow,
Gently touching the earth
Covering the ground like a blanket,
Leaving a slight chill.

Softly the snow,
Scarcely scurrying with caution
To land on safe refuge,
On houses, cars and children.

Softly the snow,
Beginning to leave,
Winter is over, swish,
And the lonely journey of the snow starts again.

Heath Rowan

The Start of a Cyclone

Dark, stormy, scary,
The wind is wild and weary,
The waves are smashing, crashing, slashing,
The rocks are cracking, falling, splashing,
The clouds overhead are dark as night,
The fog is blocking everything’s sight.

There's a black and white movie playing in the sand,
While all around the lightening strikes the land,
The moon is cowering behind the sky,
Wishing it could soar out and fly,
The world as we know it is disappearing
And turning into something we should be fearing.

Hannah Spillane

Behind those blue eyes...

Behind those blue eyes
I see what's on the inside
What's being thought
Sad and distraught
The way you whimper
Cry and whine
Every night
Every time
And when the slumber overpowers
After an odd many hours
You dream nightmares
Horrible and foul
Then wake to the light.

Amber Nicholas

Winter

Cold and dark-hearted
Seeps into the world
She curses the space
In which we breathe
Sends chills down your spine
With her words of hate.

Spirits are down
The world turns grey
Then
The sun comes out
To shine glorious and bright
Winter is locked away
All alone
All alone
So the warm can once again
Thrive.

Paige Wilkie

The Wind

The wind is impatient
It waits at the door
Knocking to let it in
Trying to creep under the mat.

The wind is naughty
It always messes up your hair
Wind plays like a child
Just asking for trouble.

Jade L
 STUDY SKILLS TIP - DEVELOPING POSITIVE SLEEP PATTERNS

One of the challenges students face, is that during puberty hormones shift the teenager’s body clock forward temporarily by about one or two hours, making them sleepier one to two hours later than adults would be. This change in the circadian rhythm seems to be due to the fact that the brain hormone melatonin is produced later at night for teens than it is for small children and adults. This can make it harder for teens to fall asleep early.

There are unfortunately many ill effects from sleep deprivation: concentration difficulties, mentally ‘drifting off’ in class, shortened attention span, memory impairment, poor decision making, lack of enthusiasm, nightmares, moodiness and aggression, depression, skin problems, lowered immune system, lack of energy, risk-taking behaviour, cognitive impairment, cravings for unhealthy food leading to weight gain, slower physical reflexes, reduced sporting performance and reduced academic performance. No-one wants to experience these! So what can we do to prevent sleep deprivation? Parents and students need to work together to find ways to increase the nightly quota of sleep. Here are some ideas to consider:

Sleep in a bit (maximum 2 hours) on Saturday morning (students will like this one!). Avoid late nights on the weekend, try and go to bed the same time as you do during the week so you do not disrupt your sleep patterns. Get to bed early on a Sunday night.

If you are not getting enough sleep work on adjusting the body clock by going to bed slightly earlier each day, perhaps 10 minutes earlier for a week. Then next week go to bed another 10 minutes earlier until you have adjusted to the right bed time for you so you get enough sleep. Limit afternoon naps to 30 minutes and gradually reduce these.

Avoid caffeine (cola drink, coffee, energy drinks, chocolate) after dinner or even better, no later than 4pm.

Organise as much as you can at night to minimise what you have to do in the morning (e.g. organise your clothes for the next day, pack your bag).

Decide what time electronic devices will be switched off each night. Avoid watching TV for at least half an hour before you go to bed. Try and have an hour before you go to bed without computers or homework or chatting to friends.

Set up a relaxing ‘wind-down’ routine for before you go to bed. Do this same routine every night (e.g. warm shower, reading, listening to quiet music) so your brain associates these activities with bed time and sleep.

A drop in body temperature near bedtime triggers the sense that is time to go to sleep. So after a warm bath or hot shower, cool yourself down. It is also better at night to be cool rather than overheated.

Keep your room as dark and as quiet as possible at night and when you lie in bed, start at your feet and mentally imagine relaxing each muscle as you slowly work your way up the body. Most people do not make it up to their head before they fall asleep!

In the morning open the curtains wide or go out into the sun and get lots of light to help wake your brain. A healthy breakfast will help to kick-start a student’s body clock for the day.

Maintain a healthy diet and ensure you get some exercise (but not late at night). These will both help to improve the quality of your sleep. Being exposed to lots of natural light during the day will also help the body produce the melatonin at the right time for a good sleep cycle. It will take around 4-6 weeks of getting extra sleep regularly before you really feel the benefits, so hang in there!
NAIDOC Week activities are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. Camden Haven High School celebrated NAIDOC on Friday 19 July with an out of uniform day. Staff and students wore the colours of the flag – black, red and yellow.

At lunch time we had a bush tucker BBQ with kangaroo, emu and crocodile meat skewers. Thanks to all the students who helped out and also the SRC for their BBQ expertise. The students were involved in other activities including face painting, games, craft and beaded bracelet making.

We also had special guests including parents and our Aboriginal mentors, Aunty Betty Nidri and Aunty Lisa Evans. Uncle Bill O’Brien from Birpai Land Council shared his knowledge with us about Birpai country and the animal totems of our area.

Congratulations
Tainga Savage (Year 11)
on his selection in the
NSW Indigenous Dance Group
Well done and good luck!
DISTANCE EDUCATION NEWS

As the Year 12 students are getting ready for life after school, it makes us contemplate the years we have had the pleasure to work as their Year Coordinators. We have enjoyed being a part of their educational experience and watching them develop into capable young men and women. Through their hard work and dedication we have been inspired by their extraordinary achievements, and thank them for the kindness they have shown us.

Invitations have been mailed to the Year 12 graduates to join us in our Graduation Assembly on 19th September at 9:00 am. We are hoping all can come to celebrate their achievements. Please RSVP Lisa Glase as we would like to have the families of the Distant Education students sit together near the front of the assembly hall.

Year 12 graduates are also invited to the Formal dance on 11 November. The cost is yet to be determined. RSVP Lisa Glase regarding this.

Just a reminder for the Year 12 students completing HSC examinations:

1. Call your nominated school to ensure they are aware you will be completing examinations with them.

2. Arrive 40 minutes before the examination begins and introduce yourself the office staff. They will take your name and direct you to the appropriate place for the examination.

3. Be aware of the appropriate dates and times of your examinations. You may refer to the Board of Studies website for the dates, times and examination advice.

We wish Year 12 all the best in their future endeavours.

Kind regards,

Mrs Lisa Glase (Year 12 Fulltime DE Coordinator) and Ms Angela Atkins (Pathways Coordinator)
CAREERS NEWS

Year 11 Subjects 2014 – Do you need help?

Year 10 students are in the final stages of selecting subjects for Year 11 next year. Now that subjects are on lines, in has meant that some students have clashes, or some subjects did not have enough students to run and as a result, a few students have had to revise their selections. I am available to help students (and parents) with this process. If any student has concerns about their subjects, I am available to meet with them to look at their options. I’m also more than happy if parents want to come in and be part of this process – just ring the school and make an appointment, or have your student come and see me to make a time. I’m reasonably flexible and will try to fit in with a time that suits you.

Year 12 Update

Year 12 should now be well into the process of making their UAC applications, Early Entry Scheme applications as well as scholarships. I have run a number of seminars on these topics, so students should be fully armed with the information they need to complete these.

Only a handful of students have taken up the opportunity to meet with me 1 on 1 so that I can help them with anything they need in terms of post school planning. I will continue to be available for these interviews – students (or parents) just need to contact me to book a time.

Charles Sturt University – Port Macquarie Campus Open Day

This will be held on Thursday August 29 and there are 3 session times:

10am-12pm
1pm-3pm
5pm-7pm

This is a great opportunity to check out what courses are available in Port Macquarie, see the CSU facilities and talk to staff and students about the CSU options in Port. If you are interested in attending, you will need to register for one of the above sessions at www.csu.edu.au/about/locations/port-macquarie or call 1800 334 733

University of Wollongong – Women in Engineering Summit

This opportunity is available to all girls who are going into Yr 11 in 2014. It is a 4 day residential camp at the University of Wollongong from 13th-17th of January 2014. You will:

• Learn about career opportunities in the engineering industry
• See world class engineering facilities
• Visit local industry sites
• Hear from guest speakers and take part in workshops

Any current Year 10 student (girls) who is interested, please see me for details before next Wednesday (August 28).

Mr D Gray
Careers Adviser
SPORT NEWS

14 Years Girls’ Netball

On Friday 16 August, eight talented netballers travelled to Port Macquarie to participate in the Lower North Coast Knockout Day. The team included Brooke Foley, Logan Hives, Shantelle Hearne, Ebony Opdam, Kate Tweddle, Molly Fraser, Annaliese Allsop and Isabella Thompson.

The team’s first opponents were Bowraville, a relatively unknown side. The girls stuck with them for the first half with only a few goals the difference at any given time, but unfortunately fell away in the second and were unable to come away with a win. Bowraville continued on the day to defeat Macksville and then Port High to become Lower North Coast Champions. The Camden Haven girls played extremely well to match such a tight and well drilled team for most of the match.

This loss put the team out of the competition; however, they played a second game against Kempsey High which they won with a convincing score line. Brooke and Shantelle worked tirelessly in defence in both games to provide the team with numerous turnovers. Kate and Ebony shared the wing defence role, hassling their opponents and pressuring passes into the circle. Molly worked the centre court with her usual determination and skill, delivering some great balls into the circle as well as working hard defensively. Isabella played consistently all day with beautiful drives up the court and was always there for a pass. Logan and Annaliese were the shooters for the day, combining well to produce some impressive netball. With such talented young netballers coming through Camden Haven High School, future senior teams look to be very promising. Look out 2014!

Thanks must go to Kristen Francis, Taylah Reid, Tarmara Gonzalez, Leah Walton and Miranda Palmer for their assistance on the day with scoring and time keeping. The day would not have run as smoothly without their help.

Ms Schmidt

NETBALL CO ORDINATOR
Once again Camden Haven High school was well represented in the Northern NSW championships held at Port Macquarie Indoor Stadium. CHHS had seven teams which qualified for these championships. The Under 13 girls played extremely well in all their matches defeating many Under 14 teams. They convincingly won their age group becoming the Northern NSW champions. Unfortunately there is no 13 girl's age group in the upcoming Australasian Championships. This promising team will have to wait until next year.

The Under 13 boys also displayed promising skills being narrowly defeated by St Columba in the grand final to finish second. Great spirit and teamwork were also displayed by the Under 14 boys’ team who were narrowly defeated by St Columba to finish third in their age group. The under 14 girls’ team created many opportunities in their matches and showed a vast improvement on previous performances. They were unlucky to finish third in their age division.

The Under 15 boys played extremely well in all their matches in what was one of the most hotly contested age groups at these championships. This team has been together for several years and their teamwork and skill level were evident on the day. Whilst finishing equal first on points they were relegated to second on a goal count back. As a result these boys qualified for another chance to compete at the top level in this sport at the Australasian Championships to be held on the Gold Coast later this year. The Under 19 boys were also competitive on the day finishing fourth. Many of these boys are only in Year 11 so they will continue to improve and be able to compete in this age group again next year.

The performance of the Under 16 girls’ team was one of the most impressive seen at these championships. Whilst finishing a close fourth, the improvement in their teamwork, skill level and movement, promises big things for the future. So competitive was this age group that this team were offered an entry in the upcoming Australasian Championships to play against the best teams in Australasia.

All teams were competitive and displayed both determination and sportsmanship. The future of Futsal looks promising at CHHS.

Mr Rowe (FUTSAL CO ORDINATOR)
COMMUNITY NEWS

Kendall Community Preschool Fundraising

Golf Day & Auction
At the Kew Country Club

Sunday 8th September

$25 per person for 9 holes of 4 person Ambrose golf, including lunch and prizes!

We hope to see you at 12pm for lunch followed by a ‘shotgun’ start at 12:30pm! Then the fun happens in the Club house for the Auction and Games at 3:30pm.

Want to get Dad a terrific Father’s Day gift? Shout him a game of golf, and fundraise for the preschool at the same time!

For information and bookings, contact the Kew Country Club
Pro Shop on 6559 4596
Do you want to make a difference in your local community?

Then the Interact Club of Port Macquarie is for you!

Interact is a branch of Rotary International for 12-18 year olds aiming to make a difference on a local, national and international level. Interact is run by youth for youth – so our group can make a difference to issues that affect us.

Come join us at the Youth Hub Port Macquarie on the 21st of August at 4pm, to see if there is anything to interest you! It’s a great opportunity to meet other youth in our community – there is even free pizza!

Our meetings are held every two weeks at the Youth Hub, Horton Street and are open to all 12-18 year olds who are interested. For more info see: www.interactportmacquarie.com or ‘like’ our Facebook page ‘Interact Club of Port Macquarie’ to be told about our meetings and activities.