**PRINCIPAL’S MESSAGE**

Our students have been enjoying much success not only in classrooms, but also at the recent Camden Haven Show where many prizes were awarded across a range of entries - art, photography, cooking and cattle. Students also ran the popular Petting Zoo. A big thank you to the staff who supported students at the show and also the work done preparing entries. Year 7 students enjoyed attendance at camp last week and those who attended are to be commended on their behaviour and participation. A very enjoyable camp for both staff and students. I would like to thank the P&C for the Social Media seminar that was held this week. A most informative evening provided by Senior Constable Steven Jefferies who also spoke to students of Years 7 and 8 during the day. Year 12 begin their examinations next week, so all the best with your study plan over the next days. Year 7 to 9 parent teacher interviews are being held next Tuesday afternoon and I look forward to seeing parents on the day.

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**Upcoming events**

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<td>7-9 Parent Teacher night</td>
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<td>26 Mar</td>
<td>Marine Studies</td>
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<td>28 Mar</td>
<td>Swans Crossing Survivor</td>
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<td>School Cross Country</td>
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Valley View Road, Laurieton, NSW 2443 • 02 6556 8100 • camdenhave-h.school@det.nsw.edu.au
Tuesday 11 April saw students and staff depart with their locks!

*Shave for a Cure* – the campaign to raise money for Leukaemia Research was well received at Camden Haven High School. Jesse Dengate and Mitchell Handley from Year 12 initiated the idea for the school by approaching Mrs Wilson and asking if they could do it. Well of course! Say no more, with such great initiative and enthusiasm from these students who would say no! Two quickly grew to more and culminated in a great Shave Off last Tuesday.

Dylan Wood, Tainga Savage, Christian Asquith along with Jesse and Mitchell shaved it all off for the cause. Never to be shown up by students, Mr Hancock and Mr Casimir also Shaved for a Cure.

For those not quite game enough to shave it all, colour was also popular. Teigan Race, Lenai McNaughton and Kaylah Anderson coloured their hair and gained sponsorship for doing so. Mr Hamilton coloured his beard lilac. All funds go to the Leukaemia Foundation to help raise the money needed for research into blood cancer diseases. A special thank you to Tia Kramer who came in and did the shaving and her assistants, Georgia Choat and Caitlin Harris from Year 11. All lots of fun and raising money for a great cause. Well done everyone!
POSITIVE BEHAVIOUR FOR LEARNING

At Camden Haven High School PBL (Positive Behaviour for Learning) is a school wide behaviour initiative. PBL encourages positive behaviours from all students, which has been shown to improve their self-concept and motivation to learn.

Our core school values – respect, responsibility and do your best - are for all students. These core values are taught in all school settings by all staff at all times.

Some tips to encourage the behaviour you want in your child include:

1. Children do as you do. Your child watches you to get clues on how to behave in the world. You’re her role model, so use your own behaviour to guide her. What you do is often much more important than what you say. If you want your child to say ‘please’, say it yourself. If you don’t want your child to raise her voice, speak quietly and gently yourself.

2. Show your child how you feel. Tell him honestly how his behaviour affects you. This will help him see his / her own feelings in yours, like a mirror. This is called empathy. By the age of three, children can show real empathy. So you might say, ‘I’m getting upset because there is so much noise I can’t talk on the phone’. When you start the sentence with ‘I’, it gives your child the chance to see things from your perspective.

3. Get down to your child’s level. Kneeling or squatting down next to children is a very powerful tool for communicating positively with them. Getting close allows you to tune in to what they might be feeling or thinking. It also helps them focus on what you are saying or asking for. If you are close to your child and have his attention, there is no need to make him look at you.
Agriculture students from Camden Haven High School had a busy weekend at the local show. The Cattle Team spent Saturday parading their school steers and judging beef cattle with some success. Congratulations to senior students, Brianna Cranfield, Zarah O’Sullivan and Jayme Mayne, judging the parading competitions and acting as stewards on the day. Agriculture students volunteered to run the petting zoo which was a very popular attraction all weekend. Brett Taylor and Rebecca Bennett assisted with the vegetable judging in preparation for the competition at the Sydney Royal Easter Show. Watch this space!
YEAR 10 CHEFS

Year 10 Food Technology have been busy cooking up a storm! This year, we have started on the unit of Food Service & Catering, where students look into the Food Service Industry. Year 10 have prepared and served a cocktail party, with themselves being the guest of honour, and had fun rolling sushi.

YEAR 8 AGRICULTURE

Year 8 Technology class 8TH2 have started this year in Agriculture. The all-boys class have been working very hard preparing their garden beds and planting a range of vegetables, and maintaining their gardens weekly. The boys are also learning about a range of animals including rabbits, hens, guinea pigs, various birds, quails, cattle and sheep, focusing on developing skills in caring for these animals.
YEAR 7 CAMP

Year 7 students had a fantastic time at Coffs Coast Beach School last week. Activities included; a giant swing, a commando course, archery, canoeing, the “Power Drop” and vertical log climbing. The camp provided students with an excellent opportunity to learn how to work as a team, to challenge themselves and encourage one another. It also gave them the chance to develop friendships with each other. Overall, it was a very positive experience for all who attended the camp.
A LIFE-SAVING GIFT

On Tuesday 25 February, Camden Haven High School chipped in and gave their all for the Red Cross Blood Bank. The Port Macquarie Blood Bank came to the school with their portable equipment and collected enough blood to help over 80 people. We continue to have a vast number of students and staff willing to donate for a great cause. There were no vacancies on the booking sheet and it is great to see so many willing participants. There were also a number of people from the community who rang on the day to find out about donating.

I encourage you to keep an eye out for the next donation day which will be held at the school on Tuesday 15 May. Bookings are essential so we can ensure you are able to be processed and donate in a timely manner. To make a booking contact Mr Todd Dalton at the school at least a week before. Due to the change in regulations for U/18’s donations, it will be more difficult for our students to be regular donors, so I would love to see more parents and citizens who are able to give their time.

Congratulations to those who were first time donors on the day, and thank you to all who were willing to give. Hopefully we are able to accommodate everyone in the coming terms as we continue to help Australian’s in need of a life saving gift.

Champion donors: SLSO’s Cheryle Barker and Veronika Baker

YEAR 12 FOOD TECH STUDENTS’ SHOW SUCCESS

1st Belinda Matthews 12 FT

2nd Taylor Barton 12 FT
The Camden Haven High School Café Skills students took their delicious baked treats to the Whiddon Group Aged Home in Laurieton last Thursday. They happily chatted with the residents whilst serving morning tea. The students’ coffee skills and cakes were appreciated by the residents who are looking forward to the next visit later in the term.

The girls have had a busy month baking. They entered cakes into the Camden Haven Show winning first and second prizes in the Junior Baking Section.
LIBRARY RESEARCH FOR YEAR 7 STUDENTS

Year 7 Science classes have all had time in the library researching an Australian scientist and students should now be busy finishing their reports at home. Please remind your student/s to check the marking criteria in their yellow booklets so they earn as many marks as possible. The How to write a bibliography booklet they were given at the beginning of the year may be a handy reference.

Research will also be completed by Year 7 Geography (World Heritage) and History (Ancient Egypt) classes this term to give students further opportunities to develop important skills like note-taking and writing bibliographies.

Help with these assignments is available in the library every morning 8.30-9.00.

PREMIER’S READING CHALLENGE FOR 8C AND 8A

Students in 8C & 8A should be well underway with their Premier’s Reading Challenge. Regular reading at home will be necessary for students to achieve their goal of reading twenty books by August. It has been wonderful to see many students discovering books they’ve loved and then recommending them to others.

Any other student from Years 7, 8 & 9 who would like to participate should see Mrs Rienstra.

The library is currently hosting the Junior Chess Competition sponsored by Higgins Dix Solicitors.

Happy reading!
DISTANCE EDUCATION NEWS

MANNING VALLEY LEARNING CENTRE

Attending The Manning Valley Learning Centre between 12.30 and 3pm on Tuesdays is a great way to keep up to date with your Distance Education coursework. If you live in the Taree area and can make it to the centre on Tuesdays 12.30pm onwards, teachers Ms Masters, Ms Lloyd-James or Ms Gaynor would love to see you there. Call your Stage Coordinator to arrange an appointment.

Kayla Mc Donald and Kayleigh Christ working on Visual Arts with Mrs Holland.

Xavier and Jude Mc Dermott

KEMPSEY LEARNING CENTRE

Ms Lloyd-James and Ms Mackay took the Kempsey support centre on an excursion and change of venue to Kempsey Library.

It was an opportunity for students to “tap” into the great facilities at the library like Free WiFi. Students were given an introduction to all the services by the friendly staff at the library. Zac Munro pictured was thrilled to be able to borrow a number of books about “MineCraft gaming” his favourite hobby.

Year 10 student Jacob Clark, doing great work with Ms Mackay.

Brianna Munro (Year 10) with brother Zac Munro (Year 9), doing great work with Ms Mackay.
NAPLAN will be completed by all Face-Face students in Years 7 and 9 from May 13 – 15 2014. Students who miss a test or are absent on the test day will catch up during the test week and on Friday 16 May.
Refer to the timetable below for test times and dates.
A “Letter to Parents” will be sent detailing more information on the NAPLAN tests and testing week.
If you have concerns or questions please speak to Helen Fletcher or Carol Rudder at CHHS.

### National Assessment Program (NAPLAN) 2014

<table>
<thead>
<tr>
<th>Year 9 MPC</th>
<th>Tuesday 13 May</th>
<th>Exam Starting Times</th>
<th>Language Conventions</th>
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<tbody>
<tr>
<td>Period 1</td>
<td>9.10am – 9.55am</td>
<td>9.55am-10.15am</td>
<td>45 Minutes</td>
</tr>
<tr>
<td>Period 2</td>
<td>10.20am – 11.00am</td>
<td></td>
<td>Writing 40 minutes</td>
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<table>
<thead>
<tr>
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<th>Tuesday 13 May</th>
<th>Exam Starting Times</th>
<th>Language Conventions</th>
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<tbody>
<tr>
<td>Period 3</td>
<td>11.35am – 12.25pm</td>
<td>12.25pm-12.45pm</td>
<td>45 Minutes</td>
</tr>
<tr>
<td>Period 4</td>
<td>12.50pm- 1.30pm</td>
<td></td>
<td></td>
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<table>
<thead>
<tr>
<th>Year 9 MPC</th>
<th>Wednesday 15 May</th>
<th>Exam Starting Times</th>
<th>Language Conventions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Period 1 and 2</td>
<td>9.15am – 10.20am. Then supervised in Quad until 11.08am.</td>
<td></td>
<td>Reading 65 Minutes</td>
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<table>
<thead>
<tr>
<th>Year 7 MPC</th>
<th>Normal classes until 10.50am</th>
<th>Exam Starting Times</th>
<th>Language Conventions</th>
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<tbody>
<tr>
<td>Supervised in Quad for early recess by period 2 teachers at 10.50am</td>
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<td></td>
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<table>
<thead>
<tr>
<th>Year 7 MPC</th>
<th>Thursday 16 May</th>
<th>Exam Starting Times</th>
<th>Language Conventions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Period 1</td>
<td>9.10am – 9.50am</td>
<td>9.50am-10.10am</td>
<td>Numeracy Calculator 40 Minutes</td>
</tr>
<tr>
<td>Period 2</td>
<td>10.15am – 10.55am</td>
<td></td>
<td>Numeracy Non-calculator 40 minutes</td>
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<tr>
<th>Year 9 MPC</th>
<th>Thursday 16 May</th>
<th>Exam Starting Times</th>
<th>Language Conventions</th>
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<tbody>
<tr>
<td>Period 3</td>
<td>11.40am – 12.20pm</td>
<td>12.20pm-12.40pm</td>
<td>Numeracy Calculator 40 Minutes</td>
</tr>
<tr>
<td>Period 4</td>
<td>12.45pm- 1.25pm</td>
<td></td>
<td>Numeracy Non-calculator 40 minutes</td>
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Students must have their own calculator for Thurs Numeracy session.
Please be prompt to your NAPLAN assessment in the MPC.
YEAR 9 FUNDRAISING FOR CAMP

The deadline for expressing interest in attending the Year 9 camp is the last day of term. A $50 deposit must be paid. After this date, attendance may not be guaranteed if numbers do not permit it.

This is a reminder to Year 9 that all tickets and monies for the giant Easter egg guessing competition are to be returned by 4 April. This also includes any unsold tickets.

If anyone would like to support the fundraising, please contact a Year 9 student or myself.

Slushies are proving a successful fundraising venture. The students are enthusiastic in the undertaking and are working well in the teams.

Further fundraising is being considered for next term, including chocolate boxes being sold by parents (not at school), quality sunglasses for pre- to mid-teens as well as continuing with slushies, BBQ and fairy floss at the athletics carnival. I hope I can maintain my enthusiasm!!

Mrs Devine (Year Adviser)

CAREERS NEWS

UNIVERSITY OF NEWCASTLE

On Wednesday 26 March students who have expressed interest in undertaking a university course in medicine or related health will visit the University of Newcastle’s rural Health Unit in Taree to learn more about these careers.

UNE VISIT

On Friday 2 May senior students will visit the University of New England campus at Armidale. This is really great for all students who may be unsure as to their future career path. Students will need to register their interest by signing on and getting a permission note from the Careers Adviser.

GAP YEAR OPTIONS

I often speak to students about ‘Gap Year’. Usually we research the international study opportunities available to students of all universities.

Fancy helping a Sumatran elephant conservation centre, design a tourism strategy or doing orangutan surveys in Kalimantan? These are some of the community engaged learning opportunities in Indonesia now available to students, thanks to a new scholarship secured by Southern Cross University.

The New Colombo Plan scholarship, with its focus on the Indo Pacific region, offers existing SCU undergraduates (including Honours) grants of $2000 per student towards travel and accommodation as they complete practical projects in ecotourism and conservation in Indonesia. Please see the Careers Adviser for more information.

YEAR 10 WORK EXPERIENCE

Year 10 Work Experience is off to a good start and Term 2 will see many students begin to turn their ‘dreams’ into ‘plans’.

BACK
CHHS under 15 students played touch footy at Bowraville on 7/3/14. The very hot ‘round robin ‘ day incorporated trials for the zone teams. Both the girls and boys won two out of three games and displayed skill, sportsmanship and represented our school well.

Representing the boys: Year 10 - Joel Kennedy, Anthony Owens, Year 9 - Logan Hesse, Will Hay, Jacob Wilke, Jy West. Year 8 - Riley Wallis, Jack Chapman, Ryan Kennedy, Grant Gardner.

Pictured: Jasmine VanWyck, Shae Wilkes, Jondi George, Sharni Pollard, Taylah Dawson, Charli George, Kylie Thomson, Annah Eade, Layne Gibson, Molly Gamblin and bus driver and coach Ms Liz Lloyd-James

Kylie Thomson (Year 8)

Coach Mr Matt McMahon and the three boys chosen for the final selection game- Matt Kneipp, Joel Kennedy and Grant Gardner
On Tuesday 11 March, 18 young swimmers were at Lismore Memorial Baths to represent the Lower North Coast and trial for a spot in the North Coast Swim team. Qualifying members will go on to represent at the NSW CHS swimming carnival which is held at Sydney Olympic Park Aquatic Centre from Sunday 6th April – Tuesday 8th April.

One of our Distance Education students; Jacob Sansom came to the carnival and represented himself and our school with great demeanour. During the day he set 2 new carnival records in the 15 years boys 200m Freestyle; in a time of 2:04.77 and the 100m Backstroke in 1:01.55. He also narrowly missed out on 2 others in the 100m free by 0.5 of a second and the 200m Individual Medley by 0.3 of a second. He finished first in all the races he competed in and was named 15yrs boys champion.

Samantha Kirkwood earned a place in the 16 years girls 50m Freestyle, and also had a strong day at the carnival, whilst Jack Chapman qualified through in the 13 years 100m Breaststroke.

Tyrone Marshall swam well in all his events including the 12 – 15yrs 100m Freestyle, 50m Breaststroke, 50m Freestyle and 50m Butterfly where he finished in the top 3 in every event, qualifying through to the State Carnival.

However he was slightly overshadowed by Hugh Rackley who also competed against Tyrone and was the winner in all the events he competed in. These results gave Hugh the male AWD champion of the carnival.

Layne Gibson, Cooper Drewitt, Sacha Everingham, Shantelle Hearne and Kate Rackley also competed well at the carnival, gaining some great insight to where they need to be for next year.

We had two relay teams competing to finish off the carnival in the 14 years and 16 years girls. The 14 years consisted of Shantelle Hearne, Emma Austin, Emma Kaul and Maddison Newman who swam strongly finishing 4th on the day. Our 16 years girls consisted of Samantha Kirkwood, Hannah Forwood, Kate Rackley and Molly Fraser who powered along to fight back from 3rd place early to win.

Congratulations to all our swimmers and their parents who represented our school with pride and passion, respect and vigour. By all accounts it was a very successful day, and once again congratulations to those who are going on to represent at the State Carnival in April.
Three students who are members of the Queens Lake Sailing Club have showcased their skills in the NSW State Titles for the 2-person MG14 skiff, held at St George Sailing Club in Sydney last weekend, with the first three boats overall all crewed by local talent.

Rohan Nosworthy together with Braden Kaul (Year 8 at CHHS) borrowed a boat for the event and won all five races of the event to take a clean sweep of the NSW Title. Braden has only been sailing for two seasons, and is proving a fast learner – winning his first State Title crown at 13 years old!

The Kaul family is proving to be a stronghold for local sailing talent, with Braden’s older brother Cameron (Year 10 student) – placing 2nd overall. Cameron was also 2nd at the National Titles this year and the sibling rivalry will definitely drive him on to go one better place next season! Braden’s brother Nathan (Year 8 student) also competed at the event, sailing with Warren Sykes to a very credible 6th place.

AGED 15 TO 18 AND INTERESTED IN PLAYING RUGBY UNION IN 2014?

Why not join the Mid North Coast’s Premier Rugby Club?

The Port Macquarie Pirates are looking to fill their final spots in both their under 18 and under 16 sides. Training is held every Thursday 5.30 - 6.30pm at Stuarts Park.

For more information please contact Peter Gerethy (Football Manager) on 0421 213 435.