PRINCIPAL’S MESSAGE

This week we welcomed a large group of our distance education students and their parents to the school. Students were able to meet their teachers and have learning experiences across a variety of areas as well as meet and work with our student’s onsite. After school activities were a chance to socialise, develop friendships, participate in a variety of recreational activities and see the local sights of our region. A big thank you to all who attended and to all the staff who made this an enjoyable and successful experience.

The basketball match played on Tuesday against Coffs Harbour High School was very fast and also very exciting. The scores were very close throughout the whole match with Camden Haven two points in the lead as the final quarter got underway. Coffs Harbour took the lead in the last 60 seconds and were able to maintain and build on this to take the win. Congratulations to the team who played very well and to coach, Mr Hughes, who has been working for several years to build the capacity of students. Well done.

Year 7 students departed on Wednesday for their camping experience and I know those who were going were really looking forward to the adventure. I’m looking forward to hearing their stories. Last year I recall it was about muddy, smelly shoes and clothes.

... continued on Page 2
ON-SITE HAPPENINGS

ROBOTICS PROGRAM

The multi-award winning Camden Haven High School Robotics Team has launched into its sixth year.

The first innovation this year has been the creation of a leadership team. With the program now extended to three competitions with up to twelve teams involved, the teacher team of Mr Langley, Mr Ashton, Ms Lloyd James and Mr Pengelly will be assisted in helping newcomers gather skills. Year 10 student, Toby Buckley, is joined on the leadership group by Year 9 Hudson MacIndoe, and Year 8’s Tiana Moore and Alisha Cooper. Toby has been working diligently on his Robocup Rescue Bot since placing sixth in NSW in our first showing in this comp last year. His Bot can now complete the whole circuit with 100% accuracy. Next is the development of our prototype soccerbots, and then the launching of the 2015 Camden Haven Community of Schools Rotary Robotics Comp.

I look forward next week to meeting parents of students in Years 7, 8 and 9 at Parent Teacher interviews in the MPC from 4.00pm to 6.00pm on Tuesday 24th March. Also that evening our P&C meeting will be held in A2, beginning with the AGM at 6.30pm followed by the regular meeting at which Mrs Clough will present an informative session on Assessment and Reporting. The meetings have been moved to this evening timeslot and I would invite you all to attend and look forward to seeing you at the meeting.

This term a new Student Attendance Policy was released by the Department of Education and Communities in line with recommendations from ACARA. The policy clearly outlines the responsibilities of parents, principals and school staff in relation to the attendance of students at school. School processes around attendance have been updated on our website which also has links to the policy and related documents.

A reminder that car parking facilities at the school are extremely limited and parking in the school grounds is for staff members only. Parents should not enter the school grounds and attempt to park for pick up of students at the end of the day. Also, please be mindful that the bus bay is a no go zone until 9.15 am and after 3.15pm each day. The traffic signs outside the school are very clear and the No Parking, No Stopping and Give way signs need to be followed by all drivers to avoid infringement notices which would involve large fines and loss of driver license points.

Mrs M Hutchinson
YOUNG LEADER EMERGING IN AGRICULTURE

While many of us were lying on the beach, hanging with our friends or working in part time jobs, Year 12 student Rebecca Bennett, was building on her career passion of Agriculture travelling to Inverell and Wodonga to compete in cattle competitions.

From January 7 -10, with her best friend Codee Connolly, she travelled to Inverell, NSW to compete at the Annual Herefords Junior Heifer Show. Being so far away she needed to borrow a ballot animal from a stud farm. Truro Herefords supplied her with an incredible bull, Truro Jedi. Rebecca led him in the Senior Bulls class winning first place and Reserve Champion.

The following week Rebecca travelled 19 hours on the train, alone, to attend the 2015 National Angus Youth Roundup in Wodonga, Victoria. She didn’t know a single person and again borrowed a ballot Heifer from Trent Walker’s Keringa Angus Stud, South Australia.

Throughout the week Rebecca took part in lectures and various competitions. She placed third in the Intermediate Paraders section. All two hundred competitors had their every move watched by anonymous judges. Rebecca was shortlisted down to 8 competitors by the end of the week for surprise interviews. The judging panel posed questions about where Rebecca saw herself in 5-10 years’ time.

Rebecca shared with the judges her desire to complete a Bachelor of Rural Science at the University of New England and move into the field of agronomy or sustainable agriculture. Her passions lie deeply within the sustainability side of agricultural production and managing processes in an efficient and long lasting way to benefit both the producers and consumers.

Rebecca was awarded the 2015 Annual National Angus Youth Roundup’s Rural Young Enthusiast Award, the prize being a 7-month-old Merridale Heifer donated by Peter Collins of Merridale Angus, Victoria.

Having recently competed with her heifer in the Camden Haven Show Rebecca will also be taking her to many of the shows along the east coast of NSW that we annually compete at such as Wauchope, Kempsey, Macksville, Wingham and Taree.

Due to Rebecca’s success in Victoria, she has been offered positions to lead and work for well-known studs at the 2015 Sydney, Brisbane, and Adelaide Royal Shows, 2015 Hereford Nationals and 2015 Beef Australia in Rockhampton and the 2016 Angus National Roundup. Rebecca said that she owes much of her success to her inspiring Agriculture Teachers, Mr Hickson and Mr Shilling, for their continuous support every year.
On Saturday the 13 March 33 students from the Camden Haven Cattle Team travelled to Wingham with Miss Cutler and Mr Hickson to participate in the Beef Competition at the Wingham Show. The students competed against a strong group of competitors from local schools. The students demonstrated outstanding team work and commitment to the Cattle Team, and had a very successful day.

The students were competing against a very tough group of competitors and those over 13 years of age were looking to be selected to represent their local zone in the RAS Beef Parading at the Sydney Royal Easter Show. Out of 30 students who entered the RAS Parading, only 9 were selected to represent the local zone. Annalese Knaack (Year 9) and Rebecca Bennett (Year 12) were both selected to represent our area, which was a fantastic result.

The students were very successful in the Junior Judging competition. In the Junior competition Jessica Madden was placed 1st, Chloe Simiana 2nd and Dylan Simiana 3rd in the Junior Judging. Emma Kaul placed 2nd in the Intermediate competition. 8 Camden Haven High students scored high scores and were nominated to speak in the Oral competition. Selected from Year 7 - Jessica Middleton, Chloe Simiana, Dylan Simiana, Jazmin Madden and Thomas Marsden. Emma Kaul and Annalese Knaack in Year 9 and Shania Madden in Year 10 were also selected for an Oral. These students all spoke well in front of a large crowd, and for many it was their first time speaking in the Oral competition.

In the Parading competition many students made the finals in their age divisions, with Liana Parish and Jackson Russell in Year 7 receiving highly commended ribbons in parading. This was Jackson’s first time parading, which is a fantastic result!

The students represented the school with pride, and are now busily preparing and looking forward to the Sydney Royal Easter, Wauchope and Kempsey Shows in the school holidays.
INDONESIA BRIDGE PARTNERSHIP

Camden Haven High School has been chosen to participate in the Australia - Indonesia Bridge Partnership. This is a program that connects Australian school communities with their counterparts in Indonesia. In our application we focused primarily on languages and home economics, but all faculties will be encouraged to participate.

The school we have been matched with is SMPN 16 in the town of Singkawang in West Kalimantan. This is a junior high school located on the West coast of Borneo, not far from the Malaysian border. A large percentage of the population has Chinese heritage, and the city is sometimes known as the “Chinatown of Indonesia.” As such, the dominant religion is Buddhism.

Two teachers from Singkawang will be visiting CHHS for a week in June. The two teachers are Fery Hardi, a Science teacher, and Mella Zuniarti, an English teacher. This visit will be reciprocated by two teachers from Camden Haven School in October. Mr Rourke (Indonesian teacher) and Mrs Harland (Home Economics teacher) will be travelling to Indonesia to participate in a study tour and they will subsequently spend several days in Singkawang to consolidate the relationship with the school.

It is hoped that the partnership will result in a long term relationship between the two schools including student visits in the future. Apart from improving English and Indonesian language skills, the program will help students and teachers develop cultural knowledge and awareness and intercultural understanding as well as improved understanding of technology.

The Australia-Indonesia BRIDGE School Partnerships Project is funded by Australian Aid and the Australia-Indonesia Institute, which are part of the Department of Foreign Affairs and Trade.

YEAR 7 SCIENCE

7R Science students have been modelling three of the stages of matter. Solid particles vibrate in a fixed, regular arrangement, held strongly together by intermolecular forces. Liquid particles have more kinetic energy and move closely around each other to change positions and can flow to take the shape of any container. Gaseous particles have much more energy and few intermolecular forces holding them together. They move fast and free in any direction, bumping into each other. The fourth state of matter, plasma, is seen in lightning, neon signs and the sun.
RUN TRISTAN RUN

Tristan Bonney, of Year 12, has his sights set on a career in running.

He trains five days a week after school for approximately three hours a day. Working closely with his coach, Ritchie Donovan, Tristan travels to Scotts Head every Saturday to train for six hours.

Over the past twelve months Tristan has run in a number of renowned events including:

- Wentworth Park (Sydney) where he ran the 100 yards (91.4 metres), made the final, came second and won prize money totalling $200

- Macksville Gift where he made the final for the Novice event and the semi-final for Gift

- Botany Bay Gift

- State Little Athletics in Sydney; and

- in 2014 he represented the school at State Athletics and Cross Country.

In the future Tristan aims to win the Stawell Gift, study for his Certificate IV in Personal Training, take a year off to train, join the army and continue running.

Tristan and his family are committed to travelling the running circuit even though it is extremely expensive and time consuming. He is currently looking for sponsorship, so if you are in a position to be able to assist him please contact the school for further details.

Photos Left to right: Tristan doing start training, at the Macksville Gift, Tristan with Matt Shirvington at the Botany Bay Gift, Tristan on the podium at Wentworth Park.

Above: Tristan with Coach Ritchie Donovan
SRC NEWS

CHHS Distance Education students attended a mini school this week. Members of our face-to-face SRC met with them and discussed what was occurring in the school and any issues that may arise through studying by distance education that we could support them with.

Upcoming event

The social will be happening on Thursday 26th March. Theme ‘Best Dressed!’. This will be held in the MPC from 6pm – 9pm. All students from Year 7 to 12 are invited. Go to Ms Westman in her office to purchase the tickets - $5 each. These are on sale at recess and lunch until Monday 23 March.

PINEAPPLE DAY

What a great out-of-uniform day last week. The theme was Pineapple Day - students and teachers wore brightly coloured clothes to raise money for the Leukemia Foundation. Joe Hord shaved his hair on the day with help from his mum. The winner of the SRC run guessing competition was Brittany Mobbs from Year 8 – congratulations Brittany!
BOOKLOVE COMPETITION - AND THE WINNERS ARE...

HIGHLY COMMENDED

1st Place
Matt Rosenberg
Mr McArdle

2nd Place
Ike Facey

Ms Webber
Harry Potter
Max Wilson
Mr Northey

Photo bombing Mrs Rienstra?

Blake Farnsworth
Patrick Lewis

Toby Buckley
Mrs Rienstra

Ms Cutler
IMPACT OF READING FROM A SCREEN VERSUS FROM PRINTED MATERIAL

By Dr. Prue Salter

If you are interested in learning more about what the current research says about the impact of reading on a screen versus printed material, continue reading below:

Personal Experience / Ease of Reading

• Many people who have grown up reading printed material feel that their reading is more effective if they read from paper rather than from a screen. When describing why they feel this way, they refer not just to the visual sense, but also the way paper feels and is manipulated, which supports their comprehension. For example, the ability to highlight or jot notes or to judge where they are in a document based on the number of pages left to go. The discomfort that people feel when reading from a screen, rather than paper, is described by Gerlach and Buxmann (2011) as “haptic dissonance”.

• Many studies such as Mangen, Walgermo and Brønnick (2013) suggest that the ability to identify your passage through a text in a tactile way is important to the learning. So too, is the ability to easily navigate through the text in a non-linear fashion. The opportunity to quickly move back and forward whole pages and chapters at a time is considered by many as invaluable in placing the learnings of any particular passage within the context of the overall text.

• Currently the technology of e-readers is unable to replicate this in an intuitive manner. Many have the ability to quickly search and scroll through pages, but the instant, subconscious nature of this feature in the printed material is unparalleled in screen technology.

• Even today’s students, who have grown up using technology on a daily basis, seem to experience this. A recent study conducted by Wu and Chen (2011) concluded that a majority of tertiary students will begin their research using screen-based text (benefiting from advanced search functions and the like). However upon choosing the appropriate text will often print it to be able to better digest the text. This suggests that these students have an intuitive understanding of how best to find, comprehend and retain the text.

Comprehension

• Many years ago in 1992, Dillon reviewed numerous studies conducted in the late 1980’s and early 1990’s and determined that reading from screens was less effective than print. Most results indicated that reading from screens caused comprehension to be 20-30% less effective than reading from paper. However, a more recent study conducted by Noyes and Garland (2008) suggests that results are inconclusive in determining a preference for print or screens in retention and that there is only a slight majority of results that support the earlier findings of print having 20-30% faster comprehension. Other studies published have produced inconsistent results, with many finding few significant comprehension differences between reading on a screen or on paper.

• Other studies (Ackerman & Goldsmith, 2011) have looked deeper in to the subconscious expectations of reading that allows factors such as tactile and olfactory feedback to have such great impact on the retention and comprehension of reading. They found that these subtle expectations and familiarities greatly impacted how much they were able to retain. When they were asked to read on a time limit, the results for screen and print did not differ significantly. When participants were asked to read a text at their own pace, their retention was significantly different when reading on screens as opposed to paper.
• Ackerman and Goldsmith concluded that the difference is therefore not in the presentation of the material itself, but relates to a more intuitive or subconscious feeling that makes the brain more conducive to learning when reading from a more familiar source, such as print, and less ready to learn when reading from a more unfamiliar source such as a screen.

**Learning versus Remembering**

• A British study (Garland & Noyes, 2003) found that when comparing learning from a screen versus printed text, the students recalling information acquired from print were able to access the information much faster and were deemed to have “learned” the material. By comparison, the students who read from screens had to mentally search for information in response to questions and were judged to be “remembering” the material.

• Obviously in this case the print is superior in terms of learning, but this is an effect that was not considered in many other studies. The long-term retention of knowledge from screen or print has not yet been studied in as much depth as other factors in this debate.

• Reading from screens may create more stress for the brain than reading from paper and study participants have grown tired more rapidly when reading from screens (Wästlund, Reinikka, Norlander & Archer, 2005). These studies do not identify the cause of this stress. Conclusions drawn are that when reading for long periods of time, paper reading can achieve much greater stamina.

Please feel free to contact Ms Westman at the school should you require more information about the references sited in this article. Learn more about how students can improve their results and be more efficient and effective with their school work by working through the units on www.studyskillshandbook.com.au. Our school’s access details are:

**Username:** camdenhavenhs

**Password:** 40success
Over three jam packed days 16 distance education students came together at semester one mini school. This mini school focussed on ‘Communication’, between students and staff and developing friendships, and this outcome was definitely achieved. Senior students where given individual timetables that required them to work one on one with their teachers, getting valuable support and completing a mountain of title pages. Junior students participated in practical lessons that could not have been possible while at home.

Students and supervisors stayed overnight at the Sundowner Caravan Park in Port Macquarie and this was also the location of the super sized support centre on the final day with all students working through their allocated work, some catching up and many getting ahead of their scheduled work.
While students completed a lot of work during the three days, there was plenty of time for fun. A visit to Billabong Park was great with a special presentation from the snow leopards who were very active. This was followed by a crazy night of laser tag and pizzas. Everyone slept well on Tuesday night!

The final event of the mini school proved to be extremely challenging - The Port Macquarie Amazing Race. This required teams of students and staff to follow clues around the Port Macquarie CBD to get to the final destination. This proved too much for some but after 7.4km of walking the race was finished at the top of the Flagstaff Hill lookout. Congratulations to all participants, especially the students and staff that completed the race. Staff have warned Mr Williams that there had better be a smaller race next time, if there is to be one at all.

Thank you to everyone that attended and I know they are all looking forward to the next mini school. Stay tuned!
Last week seven Distance Education students enjoyed a three day farm stay at Mr Hickson’s property in the beautiful Pappinbarra valley, west of Wauchope. Whilst there, the students completed a variety of tasks leading to completing their Certificate II in Primary Industries. The activities included: WHS, chemical application, intensive livestock work, moving and mustering cattle as well as electric fencing operations. The practical application of these units complements their theory work through distance education and gives students the skills and qualifications to work in a variety of Agricultural Industries. Those who attended had a very enjoyable and worthwhile experience, and another farm stay will be held for the students in Term 2.

If students are interested in a career in Agriculture or Primary Industries, or enjoy working with animals, they can apply to study the relevant subjects as part of their Higher School Certificate. For further information please contact Mr Shilling on 65568201
NSW Premier's Teacher Scholarships

Teachers in schools and TAFE NSW Institutes across New South Wales, apply now for NSW Premier’s Teacher Scholarships through a five-week study tour. You could visit some of the world's most highly acclaimed schools and centres for teaching and learning!

Scholarships are available across a wide variety of curriculum and program areas:

- English
- Leadership
- Creativity and Innovation
- Youth Depression Awareness
- Early Childhood
- Vocational Education
- Schools and TAFE
- Information and Communication Technologies
- History
- Language - Chinese
- New and Emerging Technologies
- Financial Literacy
- Itinerant Support Teacher Vision
- Special Education
- Rural and Remote Education

Applications close Friday 1 May 2015

awards@det.nsw.edu.au
www.teach.nsw.edu.au/premiersscholarships
Parent / Teacher Interviews

Years 7, 8 and 9

Tuesday 24th March 2015

4.00 pm – 6.00 pm

Venue - MPC

BOOK ONLINE NOW

Go to:


• Enter Event Code: GCEB5
  
  Click on GO

• Enter your details

• Choose the teachers you wish to see

• Choose the times you wish to attend

Please feel free to ring Ms Kneipp or Mrs Clough on 65568100 if you have any questions or are having difficulty making a booking.
NAPLAN - NOTICE FOR PARENTS AND CARERS

NAPLAN will be completed by all Face-Face students in Years 7 and 9 from May 12 -14 2015. Students who miss a test or are absent on the test day will catch-up during the test week and on Friday 15 May. Distance Education will be sent NAPLAN on Friday 15 May and must return the tests to CHHS by June 1 2015.

Face to face students can refer to the timetable below for test times and dates. A “Letter to Parents” will be sent detailing more information on the NAPLAN tests and testing week. Distance Education Supervisors will receive a separate letter and their NAPLAN instructions in the next few weeks.

If you have concerns or questions please speak to Mrs Fletcher or Mrs Rudder at CHHS.

National Assessment Program - 2015

<table>
<thead>
<tr>
<th>Year 9 MPC</th>
<th>Tuesday 12 May</th>
<th>Exam starting times</th>
<th>Language Conventions</th>
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<tbody>
<tr>
<td>Period 1</td>
<td>9.10am - 9.55am</td>
<td>45 minutes</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Break 9.55am - 10.15am</td>
<td>45 minutes</td>
<td></td>
</tr>
<tr>
<td>Period 2 - no assembly Year 9</td>
<td>10.20am - 11.00am</td>
<td>Writing 40 minutes</td>
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</table>

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<tr>
<th>Year 7 MPC</th>
<th>Period 3</th>
<th>11.35am - 12.25pm</th>
<th>Language Conventions</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Break 12.25pm - 12.45pm</td>
<td>45 minutes</td>
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<th>Wednesday 13 May</th>
<th>9.15am - 10.20am</th>
<th>Reading 65 minutes</th>
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<tr>
<td>Periods 1 and 2</td>
<td>Then supervised in quad until 11.08am</td>
<td>65 minutes</td>
<td></td>
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</tbody>
</table>

| Year 7 MPC | Normal classes until 10.50am | Supervised in quad for early recess by period 2 teachers at 10.50am |

<table>
<thead>
<tr>
<th>Year 7 MPC</th>
<th>Period 3</th>
<th>11.20am - 12.20pm then supervised until beginning of lunch</th>
<th>Reading 65 minutes</th>
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<table>
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<tr>
<th>Year 9 MPC</th>
<th>Thursday 14 May</th>
<th>9.10am - 9.50am</th>
<th>Numeracy Calculator 40 minutes</th>
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<tr>
<td>Period 1</td>
<td>Break 9.50am - 10.10am</td>
<td>40 minutes</td>
<td></td>
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<tr>
<td>Period 2</td>
<td>10.15 am - 10.55am</td>
<td>Numeracy Non-calculator 40 minutes</td>
<td></td>
</tr>
<tr>
<td>Period 3</td>
<td>11.40am - 12.20pm</td>
<td>Numeracy Calculator 40 minutes</td>
<td></td>
</tr>
<tr>
<td>Period 4</td>
<td>12.45pm -1.25pm</td>
<td>Numeracy Non-calculator 40 minutes</td>
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</tbody>
</table>

Students must have their own calculator for Thursdays numeracy session. Please be prompt to your NAPLAN assessment in the MPC.
EXPLANATION OF ABSENCE PROFORMA

CAMDEN HAVEN HIGH SCHOOL
Integrating face to face and distance education learning

PO Box 500
Laurieton NSW 2443
ABN37 479 383 884

My son/daughter________________________
_____________________________________(name) who is enrolled in

Year_________________________________

was absent from school on________________________ (date/s)

for the following reason:

__________________________________________

__________________________________________

__________________________________________

Signature: ____________________________ Date: ______________

EARLY LEAVE REQUEST PROFORMA

CAMDEN HAVEN HIGH SCHOOL
Integrating face to face and distance education learning

PO Box 500
Laurieton NSW 2443
ABN37 479 383 884

Early Leavers

I wish to advise that my son/daughter________________________ of Year__________ wishes to
leave school at____________________(time) to (state reason below and include the name of the
doctor/dentist etc and their contact phone number where applicable)

__________________________________________

__________________________________________

I can be contacted on________________________ (phone number) to verify this arrangement if required.

Yours Sincerely

(Signature)______________________________ (date)    /    /

(Name)___________________________________

*Please note that applications for early leavers will be monitored and parents are requested to minimise
making appointments during the school day including Wednesday afternoons
CAREERS NEWS

2015 FUTURE CAREER EXPOs INVITATION

For Students with Disabilities and/or Learning Difficulties

The transition from school to the next environment is a stressful time for young people and their families. The aim of the EXPOs are to provide information on as many local services available to assist young people with special needs. The Expos can raise your awareness of as many choices / options as possible.

Students from Y9 to Y12 and their families/carers are encouraged to attend.

If you would like more information on the Future Career Expos, contact Carol Rudder at CHHS.

EXPOs have been organised in the following areas:

- Tuesday March 17th Glen Innes- Services Club, Grey St.
- Wednesday March 18th Armidale- Ex-Services Club Dumaresq St (TBC)
- Monday March 23rd Moree- Services Club, Albert St.
- Tuesday March 24th Narrabri- Narrabri Bowling Club, 176 Maitland St
- Tuesday April 28th Inverell- RSM Club, 68-76 Evans St.
- Wednesday April 29th Tenterfield- TBC
- Central Coast Thursday 25th June@9am, Showroom, Mingara Recreation Club. Mingara Drive, Tumbi Umbi
- Hunter Thursday 23rd July@9am, Level 2, Hunter Stadium, 294 Turton Road, Broadmeadow

Central Coast Gamers

Youthconnections.com.au in partnership with FundAbility have created a Gaming Hub for young people who have a disability and are between 13 to 25 years of age.

To join ring (02) 43461111 or Email: Ashley@youthconnections.com.au
On Tuesday 17 March the Open Boys Basketball Boys competed in the fourth round of the Combined High Schools knock out competition. It was a very competitive game with many representative players in both teams. In fact, one player from each team will be heading to Sydney for the state trials later in the year.

The CHHS boys played a great game and were very competitive considering they were a much smaller team. The Coffs Harbour team had some very tall and very solid players that our boys managed to out muscle and out position on the court to completely nullify the height and weight advantage of the visiting team. Their great defence under the ring forced the opposition to shoot primarily from the perimeter. On offence our team kept pace with the visiting team and led for most of the game.

Unfortunately, a couple of plays in the dying minutes did not go our way and the boys went down by 5 points. The boys should be congratulated for all their hard work and for putting on such a great and entertaining game.
VOLLEYBALL

Last week saw the volleyball team take on Fresh & Fiesty in another top of the table clash. Jet and Jacob served well to keep us in the set, as well as grab short lived leads. The game see-sawed with every rally. The first set was a battle with the boys trying to assert themselves, and combine for some hits, keeping the opposition on their toes. The set went down to the wire, with lots of scrambling from Kelly and Shantelle keeping the rallies alive and ensuring we were able to creep ahead and take the first set 25:21.

A hard fought second set saw Fresh & Fiesty creep to a 22:18 lead. Strong serving and combinations and some great defence turned the game around and CHHS won the second set 25:23.

With great relief after winning the second set, the team was a little relaxed in the third and whilst they rallied well, Fresh & Fiesty were out to prove a point. They fought well in every rally, despite some strong serving and hitting and took a healthy lead 8:15. But some steely reserve, strong serving from Jackson and great vision from the hitters, saw CHHS fight back to have the set in the balance at 20:20. Again some great play from the team with strong movement around the court allowed the team to also take the third 25:22.

It was a great all round effort from the players, with the serving and hitting becoming much stronger, giving us more attacking options. The team is progressing along well and are proving to be a force to be reckoned with.

A battle of the schools this week saw Camden Haven High School take on the St Joseph’s Regional College. The side was up against a team with a year’s experience in the volleyball competition, players knew each other and bragging rights were on the line.

Some strong serving from the outset saw Camden Haven put on a lot of pressure. The team’s rallies were strong - passing and hitting well throughout the first set. Excellent team work saw CHHS come out on top 25:10. The players were all working well, communicating well, and backing each other up, which kept the ball alive and put more pressure on the Regional team.

The second set saw much of the same, with some strong serving from Jackson, strong hitting from Shantelle and Callum and some great diving from Jet; keeping the ball alive and proving how important each rally was. Kelly was busy around the court with some great passes, saves and hits, whilst our newest member Brittany played well with some great reflex passes. The second set also finished 25:10.

The final set saw Jacob go on a long serving streak, picking out gaps in the defence and setting up some great chances for Callum, Kelly and Shantelle to attack. The constant pressure deflated the Regional side who came back towards the end of the set, however it was too little, too late, with CHHS finishing them off 25:9. It was an encouraging three set win, with the team building on their positional play, as well as setting up some great attacks. This will bode well for the games towards the end of the season against some older players in tougher situations.
YEAR 7 INTEGRATED SPORT - SWIMMING

Each fortnight in Term 1, Year 7 students have enjoyed improving their swimming safety skills at Kendall Pool. Unfortunately, there is only one more session in Week 9 to go!

Everyone is looking forward to seeing more fantastic participation and fun for the last session!
Welcome to Season 2015. Another exciting year of Vikings Rugby Union is upon us. This year will be a HUGE year for the mighty Hastings Valley Vikings. It is the club’s 20th year; yes that’s right 20 years. The Hastings Valley Vikings are also the current and defending PREMIERS in both 1st Grade and also Reserve Grade.

Even more exciting for season 2015 for the 1st time in Vikings history the club will be fielding teams in all Junior age groups including Under 14’s, Under 16’s, and the Under 18’s. So if you would like to come and get involved in the best family friendly club on the Mid North Coast you need to get on down to training or ring the Hastings Valley Vikings Junior representative.

Contact: Craig Smith 0439810612
Smithie1971@gmail.com
Training: Oxley Oval - Tuesdays and Thursdays 5pm
Manning Entertainment Centre proudly presents.

360 ALL STARS

The Circus has been reinvented.

Saturday 18th April
8pm
Manning Entertainment Centre.

Purchase tickets online at www.themec.com.au or at Taree Movies Games and More or Forster Stockland Information Desk.
Traffic Rules and regulations around schools are there for a very important reason....the safety of our children. Did you know...

- Double parking
  Minimum fine is $311 and 2 demerit points
- Parking in a bus zone
  Minimum fine is $311 and 2 demerit points
- Parking on a footpath
  Minimum fine is $173 and 2 demerit points
- Obstructing traffic
  Minimum fine is $173

Loss of demerit points apply when certain offences are committed in an operating school zone. For example, a minimum penalty of a $415 fine and the loss of 2 demerit points applies for stopping or parking a vehicle on or near:

- A pedestrian crossing
- A children’s crossing
- A marked foot crossing

School opening and closing times are busy times for pedestrian and motor vehicle traffic outside a school. Drivers have a responsibility to ensure the safety of all children.

Always follow road safety signs when picking up and dropping off your child.


Laurieton Street Market
Easter Saturday 8am to 1pm - Bold & Seymour Streets, Laurieton

Proudly brought to you by Laurieton Public School P&C