PRINCIPAL’S MESSAGE

NAPLAN tests have been undertaken by students in Years 7 and 9 this week, and next week will see Years 7 to 10 involved in mid-course examinations, with Year 11 being held the following week.

Our School Captains worked closely with other School Leaders from across the Hastings to hold The Battle of the Bands last week at St Columba. Camden Haven High School took out the People’s Choice Award and I congratulate all the students and staff who were involved in making this event very successful.

Preparations are well under way for the school musical to be held later this term. It will be a showcase of the wonderful and talented students and staff we have at our school. So pencil in the dates now 22nd, 23rd and 24th June. It will be a not to be missed event.

Thank you to all those parents who attended the Parent Teacher Interviews last Thursday. It was good to see so many people there. Just a reminder that the next meeting of the P&C will be Tuesday 19th May at 6.00pm in A2. Looking forward to meeting you then.

Mrs M Hutchinson

CONTENTS

ON-SITE HAPPENINGS

CAREERS NEWS

DISTANCE EDUCATION NEWS

SPORT NEWS

SCHOOL NOTICES

COMMUNITY NEWS

Upcoming events

18/5 - 22/5 Y7-10 Half Yearly Exams
25/5 - 29/5 Y11 Mid Term Exams
3/6 Athletics Carnival
4/6 Immunisations Y7, 11 and 12
ON-SITE HAPPENINGS

DESIGN AND TECHNOLOGY LAMPS

Students studying preliminary Design and Technology where given the task of designing a lamp to fit into a specific location. The students were constrained by limitations in time and finance and the lamps were to be made from recycled materials wherever possible. The focus of the project is on the design folio which accompanies the practical component and all aspects affecting the final product are thoroughly investigated. Students decide on the location of the lamp and then research all possible solutions to the problem. Ideas are then sketched and examined until an acceptable design is chosen that best fits the design brief. Areas chosen by the students included: dad’s workshop, child’s bedroom, bedside reading lamp, music room, artist studio, bar room, and man crèche, to name just a few.

The students really excelled in the project and many show some latent designing talent which opens an interesting and exiting portal into future work.

MERIT AWARD HONOUR ROLL

At Camden Haven High School we pride ourselves on the outstanding behaviour, effort and sporting and academic successes of our students. These efforts are recognised in many ways, including the awarding of positive points which can be viewed on each student’s Millennium file.

Points are awarded for a wide range of positive actions and contribute to the House Cup awards. As a further means of giving our students the recognition they deserve, our Merit Team will now also be using these points to collate an Honour Roll of the top 100 students each week. This roll will be placed on display at the school to acknowledge our top achievers.

The students who make the Honour Roll will have displayed our core values here at Camden Haven; respect, responsibility and doing your best. As we aim for the highest, it is so rewarding to see so many students do the same. We look forward to more positive rewards for these students as the year progresses.
On 31 March 2015 Mark Handley, Year 12, departed Australia heading for Vancouver, Canada. He had been selected in the Wanderers Australia Hockey Squad to tour Canada and the US for three weeks.

Whilst in Vancouver, Mark and the team played against three local hockey teams. As well as some sightseeing in the snow region of Vancouver the boys went to an ice hockey match between the Vancouver Canucks and the LA Kings.

From Vancouver the boys took a ferry ride to Vancouver Island to play one of the local teams from Victoria (the town on the island, not the state in Australia).

After this the team flew to LA to play two games against the Las Angeles locals. Mark captained the last game – which resulted in a draw!!! And he was also named the Most Improved Player of the entire squad. An excellent result!!

Whilst there they managed to fit in a little more sightseeing – watching the LA Clippers play the Denver Nuggets (basketball), visit Disneyland and Universal Studios and do some shopping. Obviously the shopping was great – just check out his new watch and sporty shoes!!

The 14 hour flight home from LA was tiring but the trip resulted in memories that will last a life time.
Thursday 7 May saw two bands from CHHS compete in the annual Battle of the Bands, against other high schools in the area.

Going out Swinging, our Year 10 band, was first on the program. Band members, Deizal King, Matt Sheppard, Mitchell Handley, Jack Sheppard and Aaron Johnson, started the battle off in an exceptional manner, singing Up Town Funk and Right Back at it Again. Deizal had the audience eating out the palm of his hand and helped set the tone for the rest of the evening.

Ryan’s Minstrels, our Year 12 band, won the People’s Choice Award for the evening. This consisted of the biggest cheer from the audience and the most money raised for our charity in the charity tin. The band consisted of Ryan Dawes, Isaac Bruggemann, Joel Burton, Harley Lindley, Tim Olander and Connah Wilson.

Both our bands were outstanding on the night and everyone who attended had a great evening.
VET CARE AT CHHS

Over the past five years students at CHHS have been able to study Vetcare as an elective in Year 9 and 10. Each year its popularity has grown and it is now one of the biggest elective groups in the school.

Vetcare encompasses all areas of animal husbandry for predominantly domestic pets and horses. This year the students have enjoyed fostering two kelpie pups who now have found excellent homes in the local area. The students learned all the requirements for raising and training young dogs which included a visit from Katie Van Dyck a registered vet nurse from Port Macquarie Vet Hospital, who demonstrated the procedures for vaccinating and micro-chipping.

Earlier this year students studied the requirements for horse registration and identification as part of their assessment in the equine unit. They also watched a practical demonstration of horse shoeing where they learned the techniques and tools of the trade of a farrier.

Later this year students will also attend a three day horse and cattle skills camp at Camp Cobark near Gloucester.

Vetcare is a hands on course where students with a love of animals get to learn all the requirements and responsibilities involved with pet and livestock ownership.
National Volunteer Week 2015, 11-17 May. This year, with the theme Give Happy, Live Happy we are celebrating that not only are volunteers helping make the lives of others happier, they too are happier as a result.

This was certainly the case when a group of students and teachers recently volunteered at an aid station during the recent Ironman Australia. With roads closed, students ventured across the river on water taxis to the Dunbogan Boatshed and then made the walk to the park near the Dunbogan ramp. The station provided nutrition for the athletes and was based at the bottom end of the bike leg of the course. A group of students from Year 8, 11 and 12 were led by teachers Mr Casimir, Mr Fowler, Mr Sainsbury, Ms Devine and Mr McArdle.

It was a fun atmosphere where Captain Wade led the pack and Imogen rocked her hot pink gumboots, the group answered to calls of back up, back up, back up!

A special mention to Mr Casimir who organises this team every year and is up bright and early to set up the station before everyone arrives.

“Volunteers do not necessarily have the time; they have the heart.”

Elizabeth Andrew
LIBRARY NEWS

Thanks for returning your library books!

We like to keep our great collection of library books turning over so we appreciate students who return their books punctually. We have a lucky draw for the reliable students who have returned their resources. Congratulations to Rhianna Britton, Kate Simpson, Elizabeth Legge, Brody Nairne, Corrin Fardy, Jeremy Jenkins, Maleena Fardy, Liam Scrivener, Holly Dodge, Emily Hollis, Kadeisha McGregor, Isaac Bruggemann and Kirsty Kneipp.

Project help

Students completing research are expected to include a bibliography which lists where their information came from. If you are running your eye over their assignments please check that they have included a bibliography and, that for websites, they include more than a web address. For a website they should record who created the site, the year it was last updated, the title of the page, the address and the date it was viewed. For example


It is very important that students become skilled at writing bibliographies.
PREMIER’S READING CHALLENGE

All students in 8C and 8A complete the Premier’s Reading Challenge.

Any other student in Years 7, 8 and 9 can also be involved in this program designed to encourage reading. To meet the challenge and receive a certificate, students need to read twenty books – 15 from a list and 5 of their own choice. They can select from a wide range of books including picture books, information books and novels. A special area has been set aside to display the books on the list, making it easy for students to locate them.

Students have until mid August to read the twenty books.

SENIOR STUDY

Congratulations to our Year 11 and 12 students who are using study periods very productively. There has been a great increase in the borrowing of study guides from the library. English guides are available for overnight / weekend loan and those for other subjects available for two week loans. Please encourage your students to make use of these resources but also to return them punctually so everyone has access to them.

Happy reading!

Mrs Rienstra

Teacher Librarian
DISTANCE EDUCATION NEWS

DE CAMP - MONDAY 24 AUGUST TO THURSDAY 27 AUGUST

Late in term three, DE students will have the opportunity to attend the 2015 DE Camp at the Shoal Bay Holiday Park. This will be a great opportunity for students to meet each other again, renew friendships and start new relationships.

The agenda for this DE Camp will be carefully balanced between learning opportunities with teachers in the classroom and learning and social experiences across the Port Stephens area.

Visits to the Shark and Ray centre will challenge the fears of some as well as learning more about the marine environment. Possibly a trip to the old Maitland Gaol with some laser skirmish and another one of Mr Williams infamous ‘Amazing Race’ hits Port Stephens.

Students will also have plenty of time to complete their school work in the tutorial sessions scattered across the four days. These will be staffed with a diverse range of teachers ensuring students are supported across the wide range of subjects.

Students will soon be sent an invitation to attend the DE Camp then following this information packs will be sent out to interested students.

The school will be taking a number of staff along to accompany students as well as taking the school bus to pick up students along the way. If you do not receive an invitation to attend soon, please contact Mr Williams on shane.williams@det.nsw.edu.au

SINGLE COURSE DAY - JAPANESE

Japanese Continuers HSC Distance Education students came to Camden Haven High School on 4 May, 2015 for a Single Course Day.

Three students travelled from Armidale and Rutherford and enjoyed the opportunity to meet each other face to face. They discussed study and examination techniques for the Japanese Continuers HSC course and up-coming Trial and HSC exams, participated in some Japanese language sessions and made Japanese onigiri – rice balls together.

The students appreciated the chance to meet with their teacher face to face, to visit Camden Haven High School and have left with a variety of techniques for tackling the final section of the course and the HSC examinations. The Language faculty wish them all the best for their studies.
Maija Spencer Karinen has been studying Japanese Continuers with Camden Haven High School for only two terms, however she recently competed in a Japanese speech - self introduction competition with Ube – Newcastle Cultural Exchange Speech Competition.

Maija has won the chance to travel to Newcastle’s Japanese sister city of Ube in September/October to participate in a Home Stay program with a Japanese family, attend a Japanese school and do sightseeing. This is program is sponsored through the generosity of the Ube branch of the Ube-Newcastle Friendship society.

Maija has written about her experience below.

“My hometown, Newcastle, has been a sister city with Ube, Japan for 35 years. Each year there is an exchange between high school students in Ube and Newcastle. The Newcastle area high schools that participate teach Japanese. To select students who will help strengthen our sister city bond a competition is held. The prize? A free two week homestay in Ube with the chance to host here in Australia. I have been wanting to go on the exchange since Year 7, when I first heard about it.

Each student has five minutes to perform a じこうしょうかい (self-introduction), as well as a pitch about why they should be the one to represent Australia in Ube, to a panel of judges and an audience. The judges also ask on-the-spot questions. The judges this year included a Principal, a Japanese teacher and two native speakers.

At the competition I spoke about my love of learning Japanese language and about Japanese culture, and how this has led me to to undertake Japanese Continuers as an HSC subject via Distance Learning. I also talked about hosting Japanese students as well as my experience representing my school as a prefect, which made me a good candidate for the exchange.

There were nine students there on the night, competing for four spots. The judges said my Japanese was superior: huge Thanks Ms. Engel and Nosworthy Sensei! My pitch was successful and I was chosen, which makes me very happy and excited. During the September / October school holidays I will get to travel to Ube, Japan. I’ll get to stay with a Japanese family and hopefully even get to attend a Japanese high school!”

We wish to congratulate Maija on her success and wish her well for her upcoming student exchange to Ube, Japan.

Nosworthy Sensei
Camden Haven High School is putting on a Musical! It is called Back to the 80's and is a fantastically funny play about high school students trying to survive their final year at William Ocean High School. It involves a full cast of students from years 8-12, a singing and dancing ensemble, a full piece orchestra and some guest roles from teachers.

Throughout the show we have exciting and hilarious musical numbers from well known 1980’s pop songs including Girl’s Just Wanna Have Fun, Footloose, Mickey and Love Shack which will have you bopping along in your seats.

Embrace the blue eye-shadow, crimped hair and gigantic sleeves and come along to this awesome production! Look out for further updates throughout the term.

Where:  MPC at CHHS
When:  Monday 22nd June, Tuesday 23rd June, Wednesday 24th June.
Time:  7pm
Cost:  $10 per person, $30 per family.
STUDY SKILLS - ITS ALL ABOUT ATTITUDE

When students start secondary school, they are usually very positive and optimistic about school. Then things can start to get harder, a bit more challenging, maybe they get a bad mark and become discouraged, or maybe their friends start to influence their attitude. Some students are able to overcome these challenges, while others let it affect their attitude and application to school.

Take the time to determine reasons to put in effort into your schoolwork. Think about which of the following reasons might be motivating for you:

- To achieve the best mark you are capable of at school.
- To give you lots of options for what subjects you can choose in the senior years.
- To give you lots of options of what you can choose to do when you leave school.
- To have a personal sense of satisfaction about doing your best.
- To show your gratitude to your parents for giving you an education.
- To avoid getting in trouble from your teachers.
- To avoid getting in trouble from your parents.
- To avoid getting a detention or other negative consequences from not working.
- To avoid disappointing your parents.
- So you don’t feel bad about wasting your parent’s time and money giving you an education.

We often talk about ‘carrot’ and ‘stick’ people. If you want a donkey to move forward, you can either lead it forward with a carrot (a reward) or whack it with a stick (punishment).

Some students are motivated by working towards rewards, positive consequences of doing the right thing, while others are motivated to avoid negative consequences. Which do you think you are?

Understanding what motivates you and what affects your attitude can make it easier for you to make positive changes.

Learn more this year about how to motivate yourself and deal with distractions and procrastination by working through the units on www.studyskillshandbook.com.au. Our school’s access details are:

Username: camdenhavenhs
Password: 40 success

P & C NEWS

Our Annual General Meeting was held at the end of last term and it was good to see some new faces there. Thank you to the outgoing executive and welcome to our executive for 2015:

- Joanne Kaul   President
- Sharon Wilson  Vice President
- Donna Middleton  Secretary
- Irene Chillcott  Treasurer

Our next meeting is on Tuesday 19 May at 6.00pm. It will be in ‘A2’ - upstairs in the admin block. All parents / carers are welcome.

Our canteen is always in need of volunteers. Regardless of what year your students are in - if you can volunteer, once a week, a fortnight, a month or a term, please contact Mrs Chris Fajks, our canteen coordinator to discuss the options - 6556 8120. Training is provided.

Mrs J Kaul - President
Camden Haven High School P & C
2015 FUTURE CAREER EXPOS INVITATION

For Students with Disabilities &/or Learning Difficulties

The transition from school to the next environment is a stressful time for young people and their families. The aim of the EXPOs is to provide information on as many local services available to assist young people with special needs. The Expos can raise your awareness of as many choices / options as possible.

Students from Year 9 to Year 12 and their families/carers are encouraged to attend.

If you would like more information on the Future Career Expos, contact Carol Rudder at CHHS.

EXPOs have been organised in the following areas:

Central Coast Thursday 25th June @ 9am, Showroom, Mingara Recreation Club. Mingara Drive, Tumbi Umbi

Hunter Thursday 23rd July @ 9am, Level 2, Hunter Stadium, 294 Turton Road, Broadmeadow

UNIVERSITY OF NEWCASTLE VISIT YEAR 12

THURSDAY 25TH JUNE 2015

University of Newcastle Callaghan Campus

Payments Wednesday 17th June to the CHHS front office with the completed consent. $35.00

UNSW MEDICINE INFORMATION SESSION

INFORMATION SESSION – TUESDAY – 26th MAY 2015
3:30PM – 4:30PM

UNSW Medicine Rural Clinical School - Port Macquarie Campus

ATTENTION: HIGH SCHOOL STUDENTS IN YEARS 10, 11 & 12

If you have a desire for a career in medicine, the UNSW Medicine Rural Clinical School, Port Macquarie Campus is holding an information session on Tuesday 26th May 2015 at 3:30pm.

Information will include: University Entry and the Rural Entry Scheme.

If you would like to come along to the information session on 26th May 2015 please advise your Careers Advisor or email Julianne Weatherley on j.weatherley@unsw.edu.au.

UNSW Medicine Rural Clinical School – Port Macquarie Campus

26 Highfields Circuit
PORT MACQUARIE
NSW 2444

Phone: (02) 6580 7511
Fax: (02) 6580 7500
come and...

DISCOVER ENGINEERING

TOPICS

Areas to be addressed include:
Why be an Engineer?
What do Engineers Do?
How do you Become an Engineer?
What is it Like to Study Engineering?

Guest speakers include:
Engineering professionals,
university representatives
and university students.

DATE

Monday 22nd June 2015
from 5.30pm, at the Chapel
St Columba Anglican School
3 Iona Ave (off Major Innes Road)
PORT MACQUARIE

This free forum is for all
high school students who are
interested in Engineering as a
career choice.

Light refreshments will be served

REGISTER

Registration essential by:
Friday 19th June 2015

Please CLICK HERE
to register your attendance

Further information available at: 02 4911 7310
www.engineersaustralia.org.au/newcastle-division/events

SPONSORED BY:
AGED CARE IS GROWING

Health Care, Health Diagnostic and Therapy professionals are identified as jobs for the future with good prospects.

The main reason for this is that Australia’s population is ageing as a result of increasing life expectancy, declining fertility rates and lower mortality rates.

The retirement and aged care industry is only going to get bigger.

From nurses to doctors, occupational therapists, diversional therapists, podiatrists, activities coordinators, cleaners, nutritionists, chefs, managers and investors, there is many opportunities in the aged care sector.

**Diversional therapists** provide recreational and leisure services for people in healthcare facilities and in the community. Programs are developed to take part in activities, assist in their social development, and promote a sense of wellbeing.

Doctors who specialise in the general health of older people are called **gerontologists**.

**Podiatrists** look after the health of people’s feet. They work in a range of settings, usually in hospitals, community health centres, nursing homes or private practice.

**Nutritionists** study and provide advice about dietary habits to encourage the achievement of a healthy lifestyle.

**Aged care workers** assist people who are unable to care for themselves. Aged care workers work in private homes and community settings. You’ll need to be caring and supportive, like being around older people, great communication skills and have the ability to adapt.

Aged care is an exciting area of **nursing** with medical advances in heart disease, wound care, stroke prevention and the treatment of Alzheimer’s disease and dementia.
SPORT NEWS

TABLE TENNIS SUCCESS
The Table Tennis team have recently won through to the regional final, winning recent rounds 3 and 4 of the CHS Knockout. In round 3 they travelled to Macksville where they successfully overcame Macksville High School in a close tussle, which came down to the final doubles match. This saw the teaming of brothers Corey and Blake Clarke, who with outstanding teamwork overpowered a weaker Macksville team. In round 4 the boys played a home game against Coffs Harbour Senior College in our MPC. Using our home game advantage we had a number of classes watch the team, which added to the atmosphere and intensity in which the boys played.

The first game against Coffs Harbour was very close with Corey Clarke claiming victory after a very intense five set match. From this first match the CHHS team went on to win the rest of the matches with easy wins to Blake Clarke, Blake Hudson and a much improved Blake Farnsworth only dropping one set in his win. The four team members are highly motivated and are currently training hard for the next round. They are expected to play the regional final against one of the northern border schools. Congratulations to the boys and all the best for the regional final.

SPORTING SUCCESSES
Charlie Murray and Grant Gardner have been selected in the State 16 years Touch Team. The boys will represent NSW against all other states in the National Titles to be held in Coffs Harbour in June.

Josh Kelly recently competed at the CHS Basketball Championships 28 May - 1 June and performed well for the North Coast Team.

Daniel Morgan represented the North Coast at the NSW All Schools Golf Championships at Wentworth Falls in Week 1. Daniel finished equal 10th.

A team of 65 students represented CHHS at the Lower North Coast Cross Country in Kempsey. We will have a follow up with results in our next newsletter.

The Senior Boys Soccer team have progressed to the third round of the State Knockout Competition after defeating Wauchope High School 6-0. They will now meet Melville High School.
COMMUNITY NEWS

Invites you to join our

Vineyard & Brewery Tour

28th June 2015
9am to 6pm
(Aprox - Bus Pick-up and Drop-off times)

LONG POINT VINEYARD
ROSES VINEYARD
BLACK DUCK BREWERY (LUNCH)
BAGO VINEYARD

Tickets $50
(Includes Buses and Lunch)
Funds raised go to our Pathway

Available through e-mailing schoolstoschools@hotmail.com

Itinerary

9:00 – 9:30  PASSENGER PICK-UP
10:00 – 11:00  LONG POINT VINEYARD (Lake Cathie) Tastings, Local Products, Local Artist Gallery
11:30 – 12:30  ROSES VINEYARD (Lake Innes)  Tastings.  Animal Petting Zoo - ($10 pp)
1:00 – 3:00  BLACK DUCK BREWERY (Port Macquarie) Tastings
LUNCH (large enough for 2 people to be ordered in advance)
Pizza or
Ploughman’s Platter (local beer bread, ham, olives, relish and a few other tasty goodies).

3:30 – 5:00  BAGO VINEYARD  Tastings, Local Products.  Maze - ($10 pp)
5:30 – 6:00  PASSENGER DROP-OFFS

Note: A charge of $2 may be made for tastings at some outlets if overall take home bottle sales are low.

No open wine glasses or schooners, only bottles, stubbies or cans. An Esky is OK on the Bus provided it does not leak.
We would love to have your company for
MORNING TEA & MOVIE PREMIERE

WOMAN IN GOLD

Starring: Helen Mirren ~ Ryan Reynolds ~ Daniel Bruhl

Plaza Theatre
Thursday 21st May
Morning Tea 9:30am
Movie 10:30am

Secure your $15 ticket from the Professionals Real Estate Laurieton

beach to beach
RIVERWALK - CAMDEN HAVEN

If you require further information please contact Mary Laing on 0402 659 449
GIANT RAFFLE

Tickets $1

PRIZES

1st • iPad Air
2nd • George Foreman Grill & Steamer
3rd • 60L Corona Esky
4th • Saxby’s Hamper
5th • Childrens Hamper
6th • 3 x Magnums of Barossa Valley Shiraz
7th • Koala T Care Voucher
8th • Adrenalin Fitness and Squash 5 visit voucher
9th • Oasis by the River Resturant Voucher

Drawn 1-8-2015

Thanks to our sponsors:

• Kendall Services & Citizens Club • Oasis by the River Resturant • Adrenalin Fitness and Squash • Koala T Care •
• Tooheys • Saxbys Drury Distribution • De Bortoli Wines • Showcase Promotions •
• Ray Pallister Promotions • Carlton United Breweries • Novocastrian Wholesale Liquor •
It’s always the perfect time to join
Cubs (8-10 yr) /Scouts (11-15yr)
Meetings:
Cubs: Wednesday 5:20 – 7:00
Scouts: Mondays 5:20 – 7:30
For more information call
Sarah – 0478 599 921
6 weeks free trial