PRINCIPAL’S MESSAGE

The new school year has begun well and we have welcomed a large number of new enrolments across all year groups. So, a warm welcome to all, as either a returning family or new to the school, to what has been a busy start to the year. I addressed all students in week one outlining the Expected Behaviours for all students both in classrooms and during out of class activities whether at school or another location. All students have been accepting of this with the wonderful community spirit that is evident each day. I would like to congratulate all students on their outstanding appearance and wearing their uniform so proudly and consistently each day and thank parents for their ongoing support in this important aspect of our school culture. All students have settled well and it is a pleasure each day to see happy, smiling faces, enthusiastic chatter and feel the friendly vibe that radiates around the school.

I would like to welcome new staff, Ms Rule – Languages, Mr Roberts – Industrial Arts and Mr Kernahan – Drama. A big thank you to all staff, students and parents for working together to make this very positive start to the year. This was really evident at the two days of the Swimming Carnivals last week which saw good attendance and active and enthusiastic participation from students and staff. The Year 7 Meet the Teacher afternoon this week was well attended and a great opportunity for staff and parents to meet on an informal basis upon which to build a foundation to support student learning.

Our school works best when there is open and honest communication, and generally this happens but we all need
to keep that open communication between school and home. A great place to make those suggestions is at our regular P&C meetings held the third Tuesday of each month at 6.30pm, with the first meeting being held next Tuesday 16 February in A Block or by attending one of the many parents information days and nights.

The Senior Prep program will continue in 2016 and will be known as the Learning Edge. This program will continue to support students in Years 11 and 12 but has been extended to students in Year 10 in 2016. This is just one of the programs we have been able to set in place using RAM funds. Fees for Mandatory subjects in Years 7 and 8 will also be covered and any families who require support in purchasing school uniforms, paying voluntary contributions for subjects or obtaining books or other requirements should contact the school office to apply for this support.

I look forward to working with you during the year and am looking forward to a very successful 2016 for our school.

Mrs M Hutchinson
Principal

NEW ENROLMENTS

I would like to extend a very warm welcome to our new students and their families.

The largest number of new enrolments were in Year 8. This has resulted in some minor adjustments to classes for a small number of students.

It’s timely to also remind parents of our class structures at Camden Haven High School. Our classes are predominantly mixed ability classes, which means that there are students with varying levels of intellectual ability within the one class. There is no progression of classes from one being the highest to the lowest class. For example, if we look at Year 7, we have one GATS class and the other four classes are mixed ability.

Feel free to contact me if you have questions regarding our class structures.

Ms Cook

Deputy Principal Yr 7-9 (Relieving)
Hi all, hope you are settling into 2016. The SRC certainly are.

It started with the swimming carnivals ... where the SRC successfully kept the participants and spectators well fed by cooking a very delicious BBQ on both days. Hope all that sampled the culinary delights enjoyed them.

Last Monday the SRC held their annual training day. It is at this day that the SRC undertake some team work activities, listen to guest speakers and create an action plan for 2016. This day was beneficial with new Year 7 members getting to know the rest of the SRC and existing members learning a bit more about each other.

The guest speakers included Mr Brent Wilkinson who has had some life experience with being a lifeguard in Port Macquarie and Mr Ian Dodd who spoke to the students about leadership and what it means to each individual SRC representative to be in the SRC. Both of these gentlemen are teachers at CHHS and it is very much appreciated that they gave up their time to speak with us. The action plan for 2016 that has been produced by the SRC should be pleasing to the rest of the student body and as soon as we pass it with school executive, it will be announced to all.

Hudson Macindoe who is a Year 10 SRC member will be our Publicity Officer for this term so the next newsletter article will be written by him! He should be able to announce the dates of our first out-of-uniform day and also a possible social for this term! Stay tuned.

Mrs Wilson - SRC Teacher
A bumper crop of corn and squash greeted the Year 10 Agriculture class upon their arrival back at school for the new year. Abundant rain over the Christmas break combined with the usual warm weather meant the plants could make the most of the excellent conditions and reach their full potential. After harvesting, students are currently preparing their beds for a second summer crop to make the most of the soil moisture and warm conditions.
Welcome back to our Year 11 students. 110 students have returned ready to undertake their senior studies.

Senior jackets are in the process of being organised. However, there is a deadline for ordering: the sooner we get them ordered, the sooner we get them back. Please return to front office the pink order slip with $80. The cut off is Tuesday 16 February. There will be no further opportunities to obtain a senior jacket as chosen by the majority of students.

Year 11 Snow Trip: Week 2 Term 3, leaving on Sunday morning. Students were issued with an expression of interest form Day 1. Please return the slip plus $200 deposit by 4 March to secure your place. Final payment will be due Week 8 Term 2, so only four months to pay. Some costings cannot be done for some time, but allow $1000, which would include some spending money.

I am hoping to do some fund-raising but this will be determined by interest.

Mrs Devine - Year Advisor
DISTANCE EDUCATION NEWS

Welcome to our new distance education students and to all those who are returning to us in 2016.

This year we have fantastic opportunities for all students to engage in their distance education studies. From mini-schools to support centres there are numerous opportunities to get help with your school work, socialise with other students studying via a distance, have fun and mix it up.

Distance education can be a challenge not only for students but also their supervisors. At CHHS we have a number of staff who are able to help everyone.

The first point of call is the student’s coordinator. Every student has a coordinator who will answer all your questions or point you in the right direction for issues that are not related to a particular subject. Remember if you have a question about learning materials and the course work you should contact the teacher or head teacher of that subject. Coordinators will help with all other enquiries, for example, if you would like organise a visit to the school, contact him / her by phone or send them an email.

Yrs 7-10 Area coordinators

Mrs Di Edge
Hunter East

Mr Wayne Squires
Hunter West

Ms Angie Morley
North / West

Ms Julie Patterson
Central

Mrs Leanne Wilkinson
Year 11

Mr Dave Gray
Year 12

If students have questions about Minischool (21-24 March) or support centres please contact Mr Shane Williams
HT Secondary on 6556 8242.
SCHOOL NOTICES

PARENT COMMUNICATION

The most effective way to communicate is via our Skoolbag app. It is a free app to keep you up to date with what’s happening at school. Follow the instructions below to install the app on your smart phone. If you don’t have a smart phone, you can still have the same information emailed to you. Go to the ‘Digital Community’ tab, then select ‘Skoolbag Communication Centre’ on our website and click ‘subscribe for email’.

How To Install Skoolbag On Your Smartphone

iPhone & iPad Users

1. Click the “App Store” icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. If iPhone, you will see your school appear, click “Free” then “install”.
4. If iPad, change the drop list to “iPhone Apps”; your school will then be visible, click “Free” then “install”.
5. When installed click “Open”.
6. Select “OK” to receive push notifications, when asked.
7. Click the “More” button on the bottom right of the App, then “Setup”.
8. Toggle on the Push Categories that are applicable for you.

Android Users

You must first have signed up with a Google Account before installing the app.
1. Click the “Play Store” button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the “Install” button.
5. Click “Accept” for various permissions (please note, we do not modify any of your personal data on your device).
6. Click “Open” when installed.
7. Click the “More” button on the bottom right of the App, then “Setup”.
8. Toggle on the Push Categories that are applicable for you.

Don’t forget to like us on Facebook! 
Find out more at www.skoolbag.com.au
ACCESSING STUDENT INFORMATION ON OUR MILLENNIUM WEBSITE

Do you want to see who teaches your son or daughter? Do you want to know how many positive points they have received this year? Do you want to access their reports? You can now do this via the student database, Millennium. Please contact the school on 6556 8100 to obtain your username and password. The student / parent portal of Millennium allows you to access the following student information:

- Class names
- Timetable
- Markbook (where available)
- Previous reports
- Register (positive – and negative – points) and
- Attendance

If you require another copy of your specific login details, or you want to know more about how to use Millennium please do not hesitate to contact Ms Westman or Mr Dick, at the school on 6556 8100.

SCHOOL WEBSITE

Our School website is where you will find a wealth of information about our school. News and events, important dates, photo galleries, newsletters, curriculum, links to external educational sites and ways to support your children. It is also a gateway to our student portal, students and staff Millennium sites and our e-learning site. You can browse our website at http://www.camdenhave-h.schools.nsw.edu.au

PARENTS AND CITIZENS ASSOCIATION

Our Parents & Citizens’ Association (P&C) brings the school community together. Parents, teachers and community members can help meet the needs of the school community and contribute to decisions about the school.

The P&C also raises funds that help finance improvements to our school and provide additional resources. The P&C are meeting on Tuesday 16th February at 6:30pm in A2. Please come along.

CANTEEN

OUR CANTEEN NEEDS YOU!

Teaching staff have been giving up their recess and lunch to help Chris in the canteen as she is often working alone. If you have seen our canteen at peak times you will understand our dilemma.

Are you a mother, father, caregiver, grandparent, aunt, uncle or neighbour of a teenager?

Can you give 1 day a week/ a fortnight / a month – 9.15am – 2.30pm.

Can you make sandwiches/ wraps and salads?

YES – Our canteen needs you (all training provided)

Organise to volunteer with a friend – great way to catch up on a regular basis.

How? Fill out a Volunteer form NOW and send it to school or RING the School Canteen on 6556 8120 Or EMAIL chris.fajks@det.nsw.edu.au

Please help our school canteen
CREATING GOOD STUDY HABITS

Both versions of the following article are subject to copyright, and should not be altered or added to in any way, or used for purposes other than those outlined within the current commercial arrangement.

Michael Grose  -  Director Parenting ideas 2016

Creating good study and work habits in secondary school - By Michael Grose

Here are seven ways to develop healthy, strong study skills that will serve your young person well this year and throughout their lives.

1. Establish a thorough homework process
   Encourage your young person to:
   Write down an assignment when it’s given orally
   Ask the teacher clarifying questions if he doesn’t understand anything
   Use a planner or some other organiser to plan his or her time
   Place his homework in a designated place as soon as it’s finished.

2. Establish a Study Zone at home
   Choose a consistent study or homework space that’s conducive to working. Encourage your young person to stick to this space. Some young people need absolute quiet when doing homework, while others work better with soft music. Contrary to the opinions of many teens, studies consistently show that loud music and/or TV are highly distracting to students. Don’t let your young person develop the habit of working in bed as this will make it difficult to go to sleep. Keep work and sleep spaces separate.

3. Establish a regular study time
   The establishment of a consistent and specific time to do homework has been linked to academic success. Help your young person work out the best time for him or her to crack the books – before or after dinner, or both. Encourage your young person to take regular breaks to keep their brain alert. Every hour – or whenever she feels frustrated or angry – she should get up and walk around, get a snack and let her brain recover.

4. Establish a way to stay organised
   Getting organised reduces stress levels and improves the chance of success. Consider a colour-coding system to keep assignments organised by selecting a single colour for each class (like science or history). Use that colour for that subject’s folder, highlighters, sticky notes, etc. The colours will not only keep your teen organised but will also enhance his or her recall of the subject.

5. Establish good time management skills
   The best way to help your young person organise their time is to use a large wall calendar so they can jot down study, leisure, family and other activities. The visual nature of the wall calendar will enable you as a parent to help them stay on track as well.

6. Eliminate time robbers
   Many teens work inefficiently wasting time on mobile devices and other activities. Help your teen recognise time robbers and eliminate them so they can finish homework quickly and have more time to do other things.

7. Conduct a regular extracurricular audit
   Take a hard look at your young person’s overall time commitments. Help them reprioritise their commitments if much of their time and energy is taken up with a part-time job, extracurricular activities, and their social lives. While it’s important that young people have interests outside school, it’s equally important that these commitments don’t overwhelm or impact negatively on their study.
EVENTS, SUPPORT AND INFORMATION FOR STUDENTS WITH DISABILITIES

As the National Disability Insurance Scheme rolls out across NSW new information and workshops are available for parents and carers who have a student(s) with a disability or medical illness.

Visit the links below to locate an NDIS workshop in your area.


SUNSMART SUN PROTECTION

As sun protection is a high priority here at Camden Haven High School for both our students and staff members, we have made available SPF 50+ Sunscreen to be used by everyone. This can be found at our Sun Protection Application Spots, which are located - for students at the Front Office and for staff in the Common Room.

In addition to this we have applied a SunSmart UV Alert Widget to be displayed each day on the electronic Student Noticeboard on the Quadrangle. This will advise our students and staff of the level of damaging UV Rays during school hours each day, a chart is placed nearby to allow students to check the level of sun safety needed to protect themselves from these damaging rays depending on the UV Alert level. Students and staff are encouraged to download this Widget to their own personal phones and iPods by logging onto the following link and downloading the free app for your iPhone, Android or Samsung Device. http://www.cancer.org.au/preventing-cancer/sun-protection/uv-alert/sunsmart-app.html

Remember –

1. Slip on some sun-protective clothing that covers as much skin as possible
2. Slop on broad spectrum, water resistant SPF30+ (or higher) sunscreen. Put it on 20 minutes before you go outdoors and every two hours afterwards. Sunscreen should never be used to extend the time you spend in the sun
3. Slap on a hat – broad brim or legionnaire style to protect your face, head, neck and ears
4. Seek shade
5. Slide on some sunglasses – make sure they meet Australian Standards
Students of Camden Haven High – are you interested?
We would like to offer all students the opportunity to participate in the program to choose Quota International Camden Haven “World Service Ambassador of the Year” for 2016

Who can enter?
Any Camden Haven High student who cares about people in third world countries, who cares about the disadvantaged and who want to help make a positive difference in their lives.

How much does it cost to enter?
Nothing but the entrant's time and passion.

What are the criteria?
The entrant must be enrolled in Camden Haven High School.
The entrant must research one (1) Quota Club-to-Club World Service project. There are 21 such projects on the website http://www.quota.org/we-share-foundation/hand-in-hand-world-service/ The projects listed for 2013/15 still apply.
The entrant must prepare a 4 minute speech about their chosen project, its location, and how they believe the Quota project, and Quota club is helping the disadvantaged people in that area.
Entrants are encouraged to access information in addition to that provided on the website.
The entrant must present their speech on the day of judging Thursday 31st March, 2016.
The entrant must accept that the judges’ decision of winners is final.

Why should you participate?
You will be learning about ways to overcome poverty in third world countries. You will learn to research a topic, and prepare an interesting and informative speech. You will personally enhance your public speaking skills.
You will experience the gift of giving - all of the prize money will go towards helping the projects of the winners' choice, and will make a positive difference in the lives of disadvantaged people.

Is there a prize for the winner? Yes!
The first prize winner receives $150 to be donated to the Quota Hand-In-Hand project of their choice.
The second prize winner receives $100 to be donated to the Quota Hand-In-Hand project of their choice.
The third prize winner receives $50 to be donated to the Quota Hand-In-Hand project of their choice.

If you would like any further information please contact us on: Cheryl Hannaford 65594421 kechen@midcoast.com.au
Pat Legge 65599726 <patelegge@gmail.com>
Pauline McRoy <paulinemcroy@live.com.au>

If you are interested in entering please contact Ms Wilson
Dear Parents, Carers, Students and CHHS Staff

I would like to thank everyone for their patience and support through the start of the 2016 school year where big changes at TAFE have created some planning difficulties and I have not been able to give ‘concrete’ advice to students.

A positive change is that students attending TAFE (TVET), work experience, work placement or any other ‘single’ student activity must ensure the front office is informed of days and times the student will be absent. Students are responsible for advising the office staff of any changes that need to be made on the millennium attendance recording system.

It is amazing just how much information comes to me via the post and e-mail. The only way I can disseminate this information efficiently to any targeted group is via the student’s DET e-mail. Therefore it is extremely important for students to check their DET e-mail regularly, at least once par week. E-mail is also the best way to distribute a variety of documents including; work experience, excursion notes and various application forms, to name but a few.

Each year our Careers website adds extra features for the benefit of students and to assist parents and carers who wish to become involved in the students career development process. If students need a resume, a covering letter or a Tax File Number (TFN) then a great place to start is our school careers website. Parents can also register an account to access the content and tools students will need. http://chhscareers.com

Upcoming dates.

**Health Careers Forum Taree Tuesday March 1**

For Years 10 11 or 12 students interested in a career in the health professions.

**Year 12 mandatory interviews. March 3 and 4**

These interviews serve a range of purposes, including, discussing subject changes, post HSC planning, discuss specific opportunities and services that our faculty offer to support senior students.

Hockey ‘Tryouts’ at Port Macquarie. Please see Mr Dickenson to make the necessary arrangements.

Mr Dickenson, Careers Adviser CHHS
SPORT NEWS

SWIMMING CARNIVAL RESULTS - 2016

12 Years  Heather MacLachlan
          Khye Rowan
13 Years  Callie Hearne
          James Campbell
14 Years  Amber Currie
          Jack Tougher-Wells
15 Years  Sacha Everingham
          Ethan Alchin
16 Years  Emma Austin and Maddison Newman
          Tomas Lewis
17 Years  Molly Fraser
          Joshua Godwin
AWD Senior Hugh Rackley

Winning House  Haven

The Lower North Coast Carnival will be held on 29 February at the Macksville Pool.
Recently Bre’Arna Hoole of Year 11 was selected to join the prestigious Australian Futsal Team that will travel to Taiwan later this year.

Bre’Arna, who started playing Futsal in Year 7 went on to win three school titles as well as playing for both the ladies and men’s teams in the Taree Manning area. In 2014 she was selected to play in the 14s National Futsal Championships in Sydney and again in 2015 for the 15s team. An unfortunate blow, however meant that Bre’Arna had to withdraw from the 15s team with a broken arm. While this seemed tragic at the time, it only made Bre’Arna an even more determined and valuable player.

To become successful in any sport, dedication and determination is essential. Bre’Arna should be commended for the hours of physical training she has put toward this sport, training after school and on weekends to ensure she is reaches her full potential and represents her club in the best way possible.

To add to Bre’Arna’s sporting success, it was at the National Club Futsal Championships over the Christmas holidays where she led her club to victory by scoring the winning goal against Queensland. Her efforts must not have gone unnoticed as just days after the competition; Bre’Arna received a letter stating she had been selected to join the Australian Futsal Team. This sporting honour then led to an on-air interview by 2TLP Community Indigenous Radio to recognise her achievement.

In November 2016, Bre’Arna, along with the Australian Futsal Team, will have the opportunity not only represent her country by playing Futsal in Taiwan, but also do some sightseeing and attend various cultural activities. Bre’Arna is very excited about the prospect of Taiwan, but in order to get there, she will need to raise $6000. Of the $6000 Bre’Arna needs, she has already successfully fundraised a whopping $2000 and plans to organise a pie and lamington drive as well as seafood raffles in order to build on this amount.

Bre’Arna should be congratulated for her achievements. Her reliability and team spirit has not gone unnoticed. We wish her all the very best for raising the remaining funds which will provide her with the once in a life time experience of travelling to Taiwan to represent Australia and to build life-long friendships.

Written by Ms Sturzenegger
REGISTRATION DAY
SAT 13 & 20 FEB 2016
JOIN YOUR LOCAL, FAMILY-FRIENDLY CLUB!

Lake Cathie Bowling Club
45 Evans St Lake Cathie
10am-1pm
Register online at:
www.myfootballclub.com.au

To make the registration process smoother, we strongly recommend registering online before registration day.*
We will fit players for their strip and allocate to teams.

For more info, visit: http://cathieraiders.org/
Email: Willie Wahlin on secretary.cathieraiders@gmail.com
Phone: Russell Wallace (Registrar) on 0437 149 177.

See you there!

*Fees can be paid directly to the club (not MyFootball) via online banking or cash on the day. Banking details and instructions for registering via MyFootball are available on our website.
MAKING MEN
Father & Son Camp

BRINGING OUT THE BEST IN TEENAGE BOYS

• Celebrate your son becoming a young man and help him create a healthy vision for the future.
• Create networks that will support him in tough times.
• Give him the opportunity to think about what sort of man he wants to be and what childish behaviours he needs to let go of.

Date: 6 -10 April 2016
Location: Byron Bay Hinterland, NSW
For more information:
Visit our Website: www.doctorarne.com
or Email: info@doctorarne.com
Enriched Health Care- Camden Haven triathlon festival

19th and 20th March

For entry forms and fees visit www.portmactriclub.com.au

Saturday 19th March

1km ocean swim --12pm (15 y/o and over)

LUSC junior aquathlon (6-10 yr olds) and triathlon (11-15 yr old) - From 1pm

A bike to be won as a random prize

Sunday 20th March- 7am start

Race 1- Enriched Health Care Olympic Distance triathlon – Individual or teams
1500m swim/40 bike/10km off road run

Race 2- OHBS Sprint Distance
500m swim/20 bike/5km off road run

Over $3000 combined in prize money and random draw prizes
Dreaming of a career in music theatre? Auditioning for university? Or landing a role in the next local show?

Audition Masterclass gives participants the opportunity to try out singing audition material, receive constructive feedback and learn industry standards to get the callback!

Workshop also includes a Q&A session with 4 industry professionals

Don’t miss out! Spots are limited! Get professional audition advice right here in Port Macquarie!

Open to all ages and skill levels

13th March 2016 10am - 3pm Ross Family Studio - The Glasshouse Corner of Clarence and Hay St

Participants are asked to bring:

16 bar excerpt of a song of your choice - Must supply sheet music - A 16 bar excerpt can be provided if requested

To reserve a place or for more info please contact:

Mark 0413 926 061 or Sarah 0421 845 900

Email: theatreozpm@gmail.com
2016 Registration Day

Juniors U 7’s to U 16’s
Womens and Mens
All abilities welcome

Where: Hockey field (Ocean Drive)
When: Saturday 6th February 3-5pm

Fees can be paid on the day via Credit or Visa Debit Card (no cash)
BBQ and light refreshments provided just bring your stick!

NEW U 7, 9 & 11 PLAYERS WILL RECEIVE A VOUCHER AT SPORTSPOWER TO PURCHASE A STARTER PACK

Next registration days will be held at the Hockey field on:-
Saturday 13th February from 9am to 12pm
Tuesday 16th & 23rd February from 5pm to 7pm

For more information contact info@portcityhockey.com.au
www.portcityhockey.com or www.facebook.com/PortHockey

Find us on Facebook
Junior Indoor Cricket Program 2016

The Ark Sports Centre Port Macquarie will be conducting Junior Indoor Cricket Clinics and Games for the following age groups through out the 2016 school terms.

Come and learn another form of Cricket

It's fast, fun, a great challenge, your skills will improve immensely, learn team work, games last for 1.5 hours only, it’s indoors so you can play rain, hail or shine.

These clinics we will teach you the fundamentals of Indoor cricket, rules, how to play the game, teach you skills and most of all have some amazing fun along the way. It will mould you into a great Indoor or Outdoor cricketer.

So come and give it a try.

Junior Indoor Cricket has Junior State or Country Representative Opportunities.

Itinerary:
Mondays – Under 12’s - from 4.15pm to 5.45pm
Tuesdays – Under 14’s & Under 16’s combined – from 4.15pm to 5.45pm
Fridays – Girls Cricket - 10 to 17 years – from 4.15pm to 5.45pm

Costs:
$20 Registration and Insurance (covers for a full 12 months)
$10 per player each week.

Attendance:
A maximum of 40 juniors per clinic only will be accepted. (min of 12)

Duration:
These clinics will run throughout the school Terms only.
No Clinics will be operating on public holidays and the school holidays.

How to get involved:
Please visit www.arksports.com.au and hit the registration button.

1. Register as an individual for junior cricket.
2. Fill in the required details on the form, we need child’s name, DOB, contact details, email address.
3. If you have multiple siblings, our system will only recognizes 1 email address per person, so if they are in the same age group just make sure you put both Christian names on the registration form.
   If they will be attending separate age clinics, you will need to use an alternate email address.