PRINCIPAL’S MESSAGE

It’s difficult to believe that we are almost half way through the term, but when you look at all the things that we have undertaken during the past five weeks you can see why the saying goes “Time flies when you’re having fun”.

Many thanks go to all the parents who attended our Meet the Teachers afternoon. It was a great opportunity to meet with the Year 7 teachers for 2016 and your support is always very much appreciated.

The SRC have been involved in their annual training day, and it is evident by the fantastic group we have this year that many new initiatives will take place throughout the year. SRC members are busily organising next week’s social and ticket sales have been good.

Just a reminder that car parking facilities at the school are extremely limited and parking is only for staff members. Parents should not enter the school grounds and attempt to park to pick up students at the end of the day. Also, please be mindful that the bus bay is a no go zone until 9.15 am and after 3.15pm each day. The traffic signs outside the school are very clear and the No Parking, No Stopping and Give Way signs need to be followed by all drivers to avoid infringement notices which would involve large fines and loss of driver license points.

Mrs Hutchinson - Principal

Upcoming events

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The first five weeks of school have been very busy for the 2016 SRC team. During these five weeks we have set our sights for the year at a training day and worked hard and long at meetings to attempt to make this year better than ever for the students of CHHS. On our training day held on 8 February we really got to know each other better as an SRC and we all will strive to do the best job we can for the student body. Make sure you know who your SRC representatives so you can bring any ideas or matters up with them and they will be sure to help. Also make sure to Like the Camden Haven High School Facebook page to keep up with SRC news and announcements.

Term one is due to be an exciting term for all! On 3 March we will be hosting our first social of the year for all students. There will be a small SRC run canteen to buy chips, lollies or drinks. The DJ will be our school’s own DJ Huzi. Tickets will be on sale for $5 each. The social goes from 6.00pm - 9.00pm.

The annual International Women’s Day breakfast is on 8 March from 7:30 to 8:30am at the Laurieton United Serviceman’s Club. There will be a guest speaker and also a raffle on the day. Tickets will be on sale for $20 at the LUSC. Many SRC reps will be working with Quota International of Camden Haven to make this breakfast a success.

The “out of uniform day” for Term 1 will be held on 15 March. It has a “Rainbow Theme” so make sure you dress up in your brightest colours and attempt to outdo Ms Westman! There will be slushies for sale on the day, along with music being played throughout the school. Make sure you bring a gold coin donation to support a number of charities this day is aimed towards.

If you are interested in competing in a public speaking competition with other CHHS students please see Mrs Wilson for more information. There is a competition being held on 31 March in Laurieton. Finally, our school captains are meeting with other school leaders to organise this year’s Battle of the Bands soon which will be held at CHHS - stay tuned for more updates!

Hudson Macindoe, Publicity Officer Term 1, Year 10 SRC Rep
Students now have access to World Book Encyclopedia both at school and at home.

Students are able to access it at home by logging in to World Book http://worldbookonline.com/wb/Login using the username and password chhs8280. This access is restricted to students of Camden Haven High School.

Information is available at three levels: ‘Kids’ is the easiest and the best place for most of the junior students to begin; more detailed information is available from ‘Student’ with ‘Advanced’ being the most complex.

Students can hear the article read aloud by selecting the option in Tools.

Keep in mind that World Book is an American product and while it is excellent for general information it does not treat Australian content well, if at all.

If you have any questions contact Mrs Rienstra, the Teacher Librarian.
Whether it be deep-space mining mechatrons, tiny disease-hunting medical nanobots, self-driving automobiles or robo-drone package couriers, the future of our world will include robots in some form or another.

The skills to make these futuristic dreams become a reality were on display at the recent Camden Haven High School Robotics Expo in which students from Years 7-12 showed off their latest robot projects. These included multiple lego Mindstorms Soccer-bots, ready to autonomously compete with other teams to score goals with an infra-red robo-ball.

Also on display was the larger remote-controlled megabot, recently named Delphinus (after the common dolphin) due to its fantastic jumping abilities and capacity to work as a member of a team/pod. These robots will be competing in several international competitions this year, enabling students of our school to develop not only their building, electronic and coding skills but also cultivate proficiency in teamwork, problem solving, communication and leadership.

Mr Pengelly
Science & Robotics Teacher
CREATING GOOD STUDY HABITS IN SECONDARY SCHOOL

Here are seven ways to develop healthy, strong study skills that will serve your young person well this year and throughout their lives.

1. Establish a thorough homework process
Encourage your young person to:

• Write down an assignment when it’s given orally
• Ask the teacher clarifying questions if he doesn’t understand anything
• Use a planner or some other organiser to plan his or her time
• Place his homework in a designated place as soon as it’s finished.

2. Establish a Study Zone at home
Choose a consistent study or homework space that’s conducive to working. Encourage your young person to stick to this space. Some young people need absolute quiet when doing homework, while others work better with soft music. Contrary to the opinions of many teens, studies consistently show that loud music and/or TV are highly distracting to students. Don’t let your young person develop the habit of working in bed as this will make it difficult to go to sleep. Keep work and sleep spaces separate.

3. Establish a regular study time
The establishment of a consistent and specific time to do homework has been linked to academic success. Help your young person work out the best time for him or her to crack the books – before or after dinner, or both. Encourage your young person to take regular breaks to keep their brain alert. Every hour – or whenever she feels frustrated or angry – she should get up and walk around, get a snack and let her brain recover.

4. Establish a way to stay organised
Getting organised reduces stress levels and improves the chance of success. Consider a colour-coding system to keep assignments organised by selecting a single colour for each class (like science or history). Use that colour for that subject’s folder, highlighters, sticky notes, etc. The colours will not only keep your teen organised but will also enhance his or her recall of the subject.

5. Establish good time management skills
The best way to help your young person organise their time is to use a large wall calendar so they can jot down study, leisure, family and other activities. The visual nature of the wall calendar will enable you as a parent to help them stay on track as well.

6. Eliminate time robbers
Many teens work inefficiently wasting time on mobile devices and other activities. Help your teen recognise time robbers and eliminate them so they can finish homework quickly and have more time to do other things.

7. Conduct a regular extracurricular audit
Take a hard look at your young person’s overall time commitments. Help them re-prioritise their commitments if much of their time and energy is taken up with a part-time job, extracurricular activities, and their social lives. While it’s important that young people have interests outside school, it’s equally important that these commitments don’t overwhelm or impact negatively on their study.

By Michael Grose
Elizabeth Lee, of Year 8, was the winner of this year’s major prize for Valentine’s Day. Every year in February Year 12 provide the opportunity for students to send their friends / loved ones a rose or love note for Valentine’s Day. Students who have made a purchase, go into a draw to win the major prize. This year the winner received a soft, cuddly stuffed elephant. All funds raised help support the Year 12 Formal. Well done Elizabeth.
LOWER HUNTER SUPPORT CENTRE

Support Centres in the Hunter have started with a bang this year. The popular Mr Schmeider (Mr S) has returned and is joined by Ms Hammond (Ms H) so all Hunter centres will be operating with not one but two teachers. CHHS welcomes Ms H to this wonderful program. Students who have returned to the centres are already showing great enthusiasm in starting on their studies. We are looking forward to good successes as we support the wonderful students here across the Hunter.

Students Transitioning from the Support Centres

Mr S has been following up the 2015 Transition Back to School students to see how they are going at their respective home schools. All reports so far have been very positive. There have been some great success stories which will be expanded on in later newsletters. Tiffany is one of those success stories and while visiting the Rutherford Support Centre last week she provided us with her thoughts, below, on her time with Distance Education:

My Time With Distance Education

Distance Education has done wonders for me. When I first started Distance Education I had no confidence, I was scared and I didn’t believe in myself. I then started making friends, for the very first time in my life. I actually felt like I belonged, not just as a student, but as a real person. The students didn’t only treat me like I was a part of their family but the Support Centre always, always, went out of their way to help me with my school work and my self-confidence. Each day I would wake up with a little more independence, thanks to my student friends at the Support Centre. Each morning I felt like I could get up without feeling restless. I could wake up knowing that I was a person and a student who wouldn’t get judged today.

Today as an adult I am now studying Animal Studies Certificate II at Kurri Kurri TAFE. It’s definitely not easy, but the person I am today has learnt to push myself to do things I would have never done two years ago.

Distance Education made me a wiser, stronger and a more powerful person today. My time at distance education was worth every little struggle I was facing, every little worry I was thinking. Thank you Distance Education for giving me a chance. Thank you for allowing me to breathe again.

Tiffany
LOWER HUNTER SUPPORT CENTRES

Rutherford
The Rutherford Distance Education Support Centre operates from the Cahil room at the Rutherford Community Centre each Monday and is starting to grow in numbers again.

Below, Ms H is discussing the human skeleton with Richard and Tamika with support from Mr Bones. NB. Mr Bones did not survive this demonstration as it became clear he suffered from “brittle bones” syndrome. The Support Centre has now replaced him with Mr Bones 2.

Mr Joshua brought in his Christmas present - a gaming case that holds either an Xbox or PlayStation console. Here Mr S is thinking “I want one” and Joshua demonstrates his portable gaming console to the class.

Broadmeadow
Broadmeadow Distance Education Support Centre is seeing steady growth as a number of students moved at the end of last year. Two former students transitioned back into their home schools, another completed Year 12 to start a traineeship and a fourth student left DE to commence a TAFE course. Emma, Jessica, Kirsty, Sally and Kale are still attending and shortly they will have some new study mates. Continuing on at the Broadmeadow Support Centre in 2016, Kailin can be observed connecting a temporary power source and fine tuning an old analogue short wave radio. Kailin is studying electronics and in this practical lesson Kailin learned about analogue and digital technologies.
LOWER HUNTER SUPPORT CENTRES

Toronto Support Centre

The Toronto Distance Education Support Centre operates each Tuesday at the Toronto Multi Purpose Centre and is becoming so popular that we are moving to a larger room at the centre. These pictures feature regular DE students Ky, Mitchel and Jacob and a visiting guest, Joshua. Also pictured is Emily hooking into her studies with Ms H.

Joshua benefits from some input and extra support from CHHS Mathematics Head Teacher Mrs Gunn and Ms Chapman while they visited the new room at Toronto.

Russell observes the forces of water being displaced and historic information and data about the sinking of the Titanic and new student Jackson, enjoys one of the first lessons with Mr Bones 2 the Science and PDHPE skeleton.

Wonderful growth and changes ahead for the Toronto Support Centre.
LOWER HUNTER SUPPORT CENTRES

Nelson Bay Support Centre

Nelson Bay Distance Education Support Centre operates every fortnight and is seeing steady growth in student numbers as well. Home visits in the Port Stephens area have resulted in a number of keen DE students arranging their study schedules to attend the Nelson Bay PCYC.

Mr S came across some wonderful sights during a home visit to Travis in Swan Bay. Travis, proudly showed us his prized moto, will be joining us at Nelson Bay SC in the next couple of weeks.

Tiliah from Lemon Tree passage was given the task of decorating a novelty “High School Musical” pencil case locker during a home visit.

Ms H and Mr S were pleasantly surprised to receive the pictures of the task promptly completed.

Well done Tiliah!

Mr S and Ms H are excited about the growth experienced across all the Lower Hunter DE Support Centres. They are looking to possibly open a fifth support centre a little later in the year.

“We welcome all the students who take up the fantastic opportunity to attend and share their educational journey with their student peers. Thank you to all the families that welcome us so warmly into their homes when we are out on the road.”

Mr Schmeider and Ms Hammond.
15th February 2016

The Principal
Distance Education
Valley View Road
Launton NSW 2443

Dear Principal,

I would like to confirm the offer of the school vaccination program in 2016 as follows:

**All Year 7 students:**

- Chicken Pox
- Boostrix (Diptheria, Tetnas & Whooping Cough)
- Gardasil vaccine (Human Papillomavirus)

Could you please inform the parents **of all eligible** students regarding the availability of the above program as soon as possible.

If there is any interest then bookings can be referred to myself on 66207503. I would be happy to answer any enquiries from teachers and parents.

Alternatively, the parents can take their child to their **Local Doctor** to receive these **free vaccines** while they are in **Year 7**.

Thank you for your assistance.

Yours sincerely

Bernadette Williams
Immunisation Coordinator
School Based Vaccination Program
Upcoming Events

Social
Thursday 3rd March
$5 per person | Snacks available
Order tickets during lunchtimes through Week 5
at Ms Westman’s Office

Out of Uniform Day
Rainbow Theme!
Thursday 15th March
Slushies available, gold coin
donation required
Camden Haven High School Information Evening
A proud member of the Camden Haven Community of Schools

Information evening for families of current Year 5 & 6 students

Wednesday 2nd March 5-6.30pm Staff Common Room

• Learn more about Camden Haven High School
• Find out about our co-curricular programs
• Meet the 2017 Year 7 Advisor
• Tour the school
• Participate in working classrooms

We are an innovative learning community delivering excellence through diverse learning, where all members are actively engaged in achieving their personal best in a safe, respectful and supportive environment.
IMPORTANT NEWS FROM YOUR CAREERS ADVISOR

Our school has now provided its students and their parents/caregivers with a ‘School Careers Website’. You can find it at www.chhscareers.com

This is a “One Stop Shop” for your child’s needs with their Career Planning, information, HSC, Post School Options and much more.

They can also use it to create and save their resume.

The site is also designed with you, the parent/caregiver, in mind and will provide you with all the information you need about your child’s Career Planning and post school options – and information is constantly changing in these areas. I would also like to communicate with you in regards to your child’s career planning, so I would ask that you choose your preferred form of communication below.

Please fill in (choose 1 or more) and return to school by Thursday 24 March.

Parent Name: ____________________________  Parent Signature: ______________________________
Student Name: ___________________________________  Student Year: ____________

| Email - this is my preferred email address ________________________________ |
| SMS – this is my mobile number ________________________________ |
| Facebook – I have ‘Liked’ the Facebook page on the front of the school careers website. |
| Message Board – nothing for you to provide here – just check the message board on the front of the site on a regular basis |

Please Note: The information you provide here will only be used for the purpose of communicating with you regarding your child’s career planning needs.

Thank you for providing this information which will allow me to work with you to provide the best service possible to your child.

Kind Regards,
Mr Dickenson
Careers Advisor

School Based Traineeships Available
See Mr Dickinson for more information
Certificate II Horticulture
Port Macquarie
Certificate II Hospitality Kitchen Operations
Port Macquarie
SYDNEY SWANS VISIT

On February 9 two of the Sydney Swans players, Luke Parker and young defender, Lewis Melican visited the school and spoke with Year 8 students about being a professional football player. They spoke on having a healthy diet and being very careful when using social media.

Following their talk they went into the playground, had photos taken with students and kicked a few footballs around.

Luke has played over one hundred games with the Swans including a grand final win in 2012. He told Year 8 about playing in front of over 98,000 people in a winning grand final at the MCG was the best moment in his football career. Luke has just signed a six year contract with the Swans, not bad considering he is already 26.

Mr D Marrick

SWIM TEAM PREPARES FOR ZONE

Camden Haven High School has produced some outstanding swimmers over the years with representatives at Zone, Regional, State and Australian titles. The Zone swim team has been carefully prepared by Mrs Schouten and Mrs Edge who have over 50 years coaching experience between them. Mrs Clayton, HT PE said the school was extremely fortunate to have such quality professional swim coaches as part of the school staff. Both will be accompanying the team to Macksville ensuring each competitor can achieve their best.
On Tuesday 23 February CHHS U/15 Girls and Boys Touch Football teams travelled to Bowraville to compete at the Lower North Coast Trials. The day was a great success for both teams, with the girls team winning three of their four games. The time and effort they have put into training with Ms Lloyd-James over the past two terms shone through on the field. Two of our players were chosen to represent Lower North Coast. Congratulations Charli George and Molly Gamblin.

The boys team dominated all of their games to go through the day undefeated. They were crowned Lower North Coast Champions. It was great to see the communication skills of all the players in defence and then such high tempo moves in offence, which the other teams could not compete with. Congratulations to Charlie Murray, Ryan Long, Thomas Crossfield and Jack Chapman on being selected in the Lower North Coast team.

Well done to all the players who represented CHHS on the day as they set a high standard of skill and sportsmanship which was noticed by the other teams. Thank you as well to Annah Eade for helping out with the refereeing duties and organisation on the day.

Mr Wilkinson and Ms Lloyd-James
Mid Coast Futsal
Winter Competitions

Calling all keen football / futsal players, registrations will be opening soon for our winter season. All ages are welcome and are accommodated for with our youth, women’s and mixed competitions throughout the week played at local high schools, Westport and St Pauls. Come and give futsal a try for fun, skills and fitness with our 40 minute games every week.

Contact Alison Fazzolari on 0412 191 923